	On behalf of Vision Expo, we sincerely thank	
	you for being with us this year.	
		-
	Vision Expo Has Gone Green!	
	We have eliminated all paper session evaluation forms. Please be sure to complete your electronic session	
	evaluations online when you login to request your CE Letter for each course you attended! Your feedback is important to us as our Education Planning Committee considers content and speakers for future meetings to provide you with the best education possible.	
	provide you with the best education possible.	
	3.7	-
	vision expo	
1		
T		
	DISCLOSURES	
	DIOSEOSORES	
	► Melody Tavakoli has received honorarium from Johnson	
	& Johnson, Topcon, Visionix and Essilor.	
	 ► She is an ongoing Professional Affairs Consultant for JnJ. ► She has done some consulting for Topcon, Essilor and 	
	Visionix through SightLine Ophthalmic Consulting.	
	All relevant relationships have been mitigated.	
2		
_		
	Lens Leaders:	
	An Update and	
	Overview of the CL	

MELODY TAVAKOLI OD
OWNER - SEE ME OPTOMETRY
COO - SIGHTLINE OPHTHALMIC CONSULTING



- Private Practice in San Diego, CA
- Experience in Multiple Practice Modalities
- Sightline Ophthalmic Consulting COO
- Professional Affairs Consultant for Johnson & Johnson Vision

DRTAVCONSULTING@GMAIL.COM
WWW.SEEMEOPTOMETRY.COM

O@SEEMEOPTO

4

Compare	Compare daily vs. reusable lenses and patient compliance.		
Identify	Identify top products from J&J, B&L, Alcon, and CooperVision.		
Review	Review advances in silicone hydrogel and water gradient lenses.		
Match	Match lenses to lifestyle and eye health needs.		

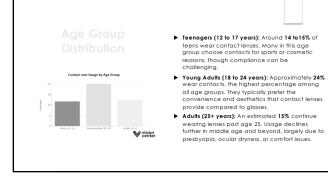
5

- Around 45 million Americans currently wear contact lenses, representing roughly 16% of U.S. adults.
- ➤ Soft disposable lenses dominate the U.S. market at about 93% of overall contact lens fits.
- ➤ Daily disposables now nearly half of new soft lens fittings.

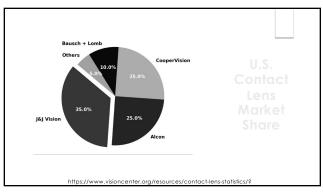
 ➤ About 50% of wearers acknowledge sleeping in their lenses at least occasionally, a practice that increases infection risk by up to 10×.
- ▶ The U.S. contact lens market was valued at approximately \$10.94 billion in 2022.

00	Around 45 million Americans currently wear contact lenses, representing roughly 16% of U.S. adults.						
	Soft disposable lenses dominate the U.S. market at about 93% of overall contact lens fits.	Daily disposables now nearly half of new fittings.					
	About 50% of wearers acknowledge sleeping in their lenses at least occasionally, a practice that increases infection risk by up to 10x.						
14	The U.S. contact lens market was valued at approx \$10.94 billion in 2022.						
	https://www.visioncenter.org/resources/contact-lens	-statistics/?					

Around 45 million Americans currently wear contact lenses, representing roughly 16% of U.S. adults. Soft disposable lenses dominate the U.S. market at about 93% of overall contact lens fits. About 50% of wearers acknowledge sleeping in their lenses at least occasionally, a practice that increases infection risk by up to 10x. The U.S. contact lens market was valued at approx \$10.94 billion in 2022.

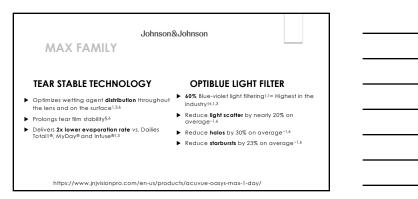


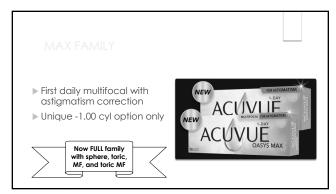




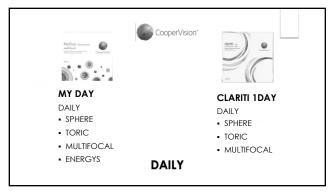


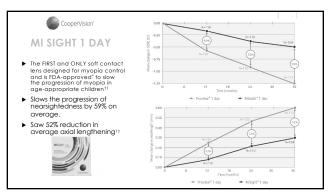


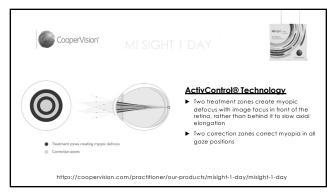






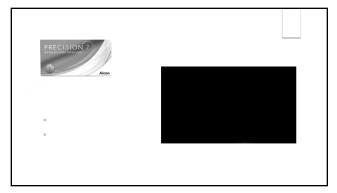


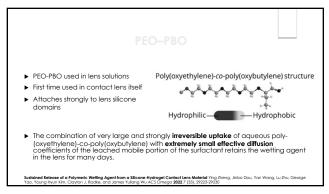






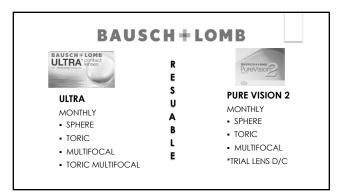


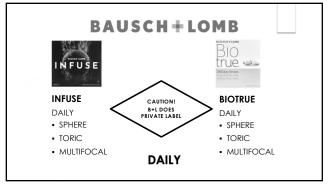












INFUSE ► OSMOPROTECTANTS ► ERYTHRITOL ► GLYCERIN ► ELECTROLYTES ► POTASSIUM ► MOISTURIZERS ► POLOXAMINE 1107 ► POLOXAMER 181

28

Understanding Patient Needs

- ► Consider lifestyle, age, prescription complexity, and hygiene habits
- ► Tailor lens type based on patient-specific needs
- ▶ Prioritize ocular health, convenience, and visual performance



29

Daily Disposables vs Reusable Lenses

Daily Disposables

- ► Healthiest option: ~80% reduced infection risk
- ► High compliance, no cleaning/storage needed
- ▶ Ideal for teens, part-time wearers, athletes, dry eye and allergy sufferers

Reusable Lenses

- ► Cost-effective if compliant
- ► Require strict hygiene (fresh solution, case replacement, rubbing/cleaning steps)
- ► Higher risk of microbial keratitis with poor habits

Daily Disposables

- ▶ ~\$500-900/year (both eyes)
- ▶ No added solution/case costs

Cost difference narrows when factoring compliance costs

Reusable Lenses

► ~\$300-450 lenses + \$100-200 in solution = \$400-650/year



31



- ► Some prescriptions require custom lenses (e.g., Biofinity Toric XR by CooperVision)
- ▶ New Innovation: AV Oasys 1-Day MAX Multifocal Astigmatism (2025)
 - ► First 1-day multifocal astigmatism option
 - ► Expands fitting options for presbyopic astigmats

- ► Offer all options clearly, explain pros/cons
- ► Empower patients to choose based on lifestyle, comfort, budget
 ► Make the patient your partner
- ► Key questions:
 - "What time of day do you want to take lenses out?"
 - ▶ "If you could change anything about your lenses, what would it be?"



Practice Growth Through Contact Lense

- ► CL Rx expires yearly → encourages regular visits
- ► CL fitting fees support clinical revenue
- ► Position CLs as a privilege, not a replacement for glasses
 - ▶ Backup glasses are essential → boost optical sales



34

Thank you!



MELODY TAVAKOLI OD

COO - SIGHTLINE OPHTHALMIC CONSULTING OWNER - SEE ME OPTOMETRY LA JOLLA, CA

DRTAVCONSULTING@GMAIL.COM
WWW.SEEMEOPTOMETRY.COM

O @SEEMEOPTO