



Prism is Not a
Four-Letter Word


Phernell Walker, MBA, ABOM, NCLEC, LDO
International Speaker & Author
Chair-elect American Board of Opticianry

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- Mr. Walker has received honorarium in the past from:
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 - Silmo (Singapore)
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 - 49 state opticianry and optometric associations (examples: Professional Opticians of Florida, Arkansas Optometric Association, Opticians Association of Kentucky, American Optometric Association, etc....)
 - Walman University
 - Vision Expo




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- ❖ Principle | Pure Optics LLC
- ❖ Author | Pure Optics
- ❖ Chair-elect American Board of Opticianry Board of Directors
- ❖ Pacific University College of Optometry | Former Adjunct Professor
- ❖ Master in Business Administration (MBA)
- ❖ Master in Ophthalmic Optics (ABOM)
- ❖ Licensed Dispensing Optician (WA-LDO)
- ❖ National Contact Lens Examiners Certified (NCLEC)

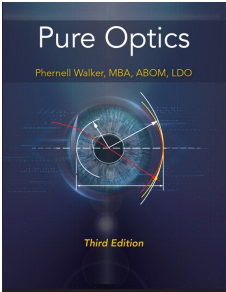


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Reference Resource

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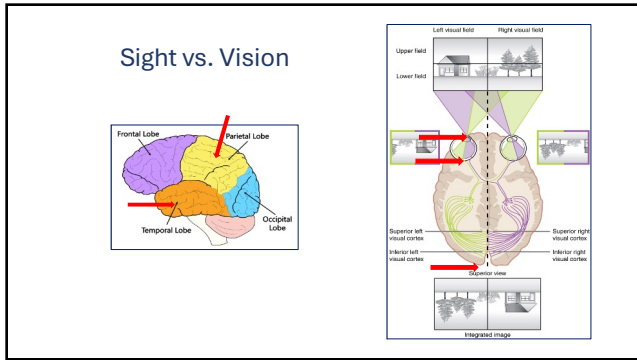
Introduction to Prism Optics

- Transparent wedged-shaped, materials change the direction (refracts) of light
- Lenses are made of interconnecting prisms
- Prisms are afocal
- Prism Refract Light

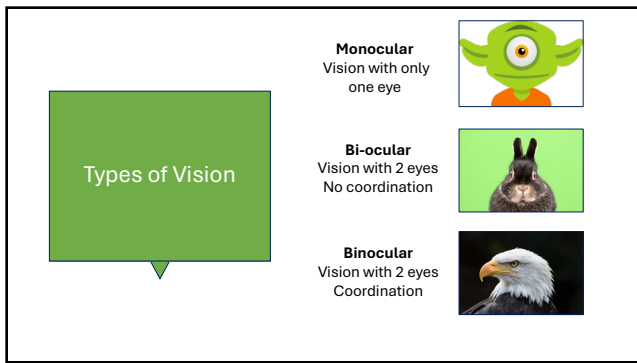


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4 Basic Eye Movements

Saccades

- Involuntary rapid movement to change fixations
- Conjugate

Smooth Pursuits

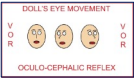



- Voluntary slow tracking movement
- Conjugate

Vergence

- Involuntary/Voluntary slow movement
- Align foveas to target
- Disjunctive



Vestibulo-Ocular

- Reflexive fast stabilizing movements during head movement
- Initiated by semicircular canals



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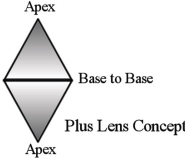
Binocular Vision Conditions



Condition	Treatment
Exophoria	Prism, VT
Esophoria	(+) Lenses, Prism
Vertical Phoria	Prism
Divergence Excess	Prism, VT
Convergence Excess	(+) Lenses, Prism

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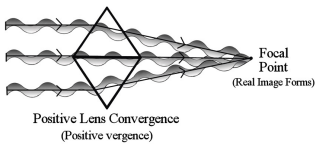
Fundamental Plus Lens Design



- + Plus Lenses - used to correct hyperopia and/or presbyopia
- Two prisms connected base to base

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+ Plus Lenses form Real Images



Positive Lens Convergence
(Positive vergence)

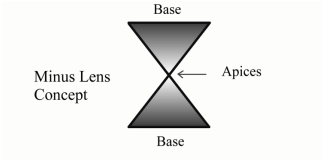
Focal Point
(Real Image Forms)

- + Plus Lenses
 - Converge light
 - Prism's base is located at the lens center
 - Create a real image located behind the lens

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Fundamental Minus Lens Design



Minus Lens Concept

Base

Apices

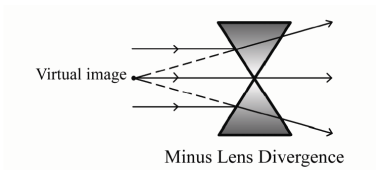
Base

- Minus Lenses - used to correct myopia
- Two prisms connected apex to apex

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- Minus Lenses form Virtual / Imaginary Images



Virtual image

Minus Lens Divergence

- Minus Lenses:
 - Diverge light
 - Create virtual images located in front of the lens

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3D Space

- X = Length
- Y = Width
- Z = Height

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Ophthalmic Prism

- Prism Base - thickest part of the prism
- Prism Apex - thinnest part of the prism

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Refraction and Deviation

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Power Cross

OD +1.50 -0.50 x 180
OS -1.00 -0.75 x 180
Add +2.75
PD: 32/34

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OD: +1.50 -0.50 x 180
OS: -1.00 -0.75 x 180
Add: +2.75
PD: 32/34

+1.00

+1.50

OD

-1.75

-1.00

OS

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Meridian of Dioptric Power

Degrees from Axis	Percent of CYL
0	0%
5	1%
10	2%
15	3%
20	4%
25	5%
30	6%
35	7%
40	8%
45	9%
50	10%
55	11%
60	12%
65	13%
70	14%
75	15%
80	16%
85	17%
90	18%
95	19%
100	20%
105	21%
110	22%
115	23%
120	24%
125	25%
130	26%
135	27%
140	28%
145	29%
150	30%
155	31%
160	32%
165	33%
170	34%
175	35%
180	36%

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Prentice Rule

$$P = (h_{cm}) (D)$$

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P = Prism Diopters

h_{cm} = amount off in centimeters

D = lens dioptric power (at axis 180 or 090)

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Accidental Prism

A new pair of glasses measure PD 60 mm in a focimeter.
Patient's PD is 66 mm

How much prism was induced?

OD -3.75 DS

OS -3.00 – 1.00 x 045

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Horizontal Prism

$P = (h_{cm}) (D @ 180th \text{ meridian})$
 $P = (.6 \text{ cm}) (OD -3.75 \& OS -3.50)$
 $P = (.6 / 2) (OD -3.75 \& OS -3.50)$
 $OD: (.3) (-3.75) = 1.12 \wedge D$

+

 $OS: (.3) (-3.50) = 1.05 \wedge D$

 $Total \text{ Combined Prism} = 2.18 \wedge D$

Step 1: find Pwr. @ 180

Step 2: subtract lab vs. Patients PD

Step 3: divide / 2

Step 4: change mm to cm

Step 5: multiply pwr. X cm off

Step 6: add OD and OS same direction

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The OC of the OD lens was edged at 30 mm and the OS lens was edged at 26 mm.

How much vertical prism was induced with the Rx below?

OD +4.25 – 1.00 x 060

OS +4.25 – 0.75 x 135

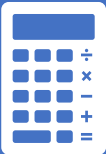
OC: 26 mm

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Meridian of Dioptric Power

Degrees from Axis	Percent of CV
0	0%
5	1%
10	3%
15	7%
20	12%
25	18%
30	25%
35	33%
40	41%
45	50%
50	59%
55	67%
60	75%
65	82%
70	89%
75	95%
80	97%
85	99%
90	100%



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Vertical Prism

Only calculate prism for the right lens because the OS lens is correct:

$P = (h_{cm}) (D @ 090th \text{ meridian})$

$P = (.4 \text{ cm}) (+4.00)$

$P = 1.60 \wedge D$ (a little more than 1.50 prism diopters)

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Base
Direction

Both Lenses Edged
(same direction)

Plus Lenses	
Edged	Result
Too Wide	Base Out
Too Narrow	Base In

Minus Lenses

Edged	Result
Too Wide	Base In
Too Narrow	Base Out

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Compounding
Prism

Amounting Prism
(O.D. & O.S. Lens)

- Base In & Base In
- Base Out & Base Out
- Base Up & Down

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Neutralizing Prism

Neutralizing Prism
(O.D. & O.S. Lens)

- Base Down & Down
- Base Out & Base In
- Base Up & Base Up

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Monocular
Prism

The lab edged lenses at 31/35mm PD.

How much prism was induced?

OD +3.00 – 0.50 x 090
OS +3.75 – 1.00 x 060

Patient PD 33/33 mm

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Mid-line Shift

P = (hcm) (D @ 180th meridian)

P = (OD 31 -33 = 2 mm & OS 35 – 33 = 2 mm) (O.D. +2.50 & O.S. +3.00)

P = (OD .2cm & OS .2cm) (OD +2.50 & O.S. +3.00)

OD Prism = (.2 cm too narrow) (+2.50) & O.S. Prism = (.2 cm too wide) (+3.00)

OD Prism = 0.50 D. B.I. & O.S. Prism = 0.60 D. B.O.

Total Prism = Prism OD + Prism OS

Total Prism = 0.50 D B. I. + 0.60 D. B. O.

Total Prism = 0.10 D ^ B.O. (base out because the stronger prism is Base Out)

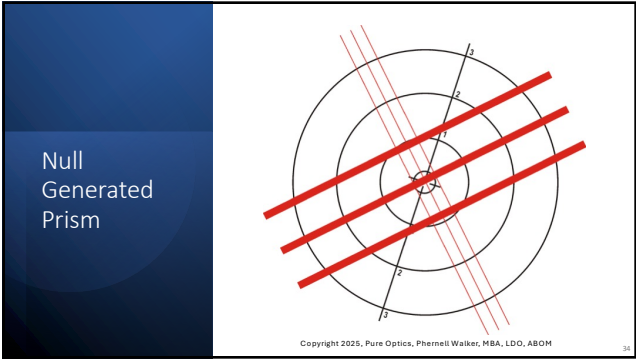
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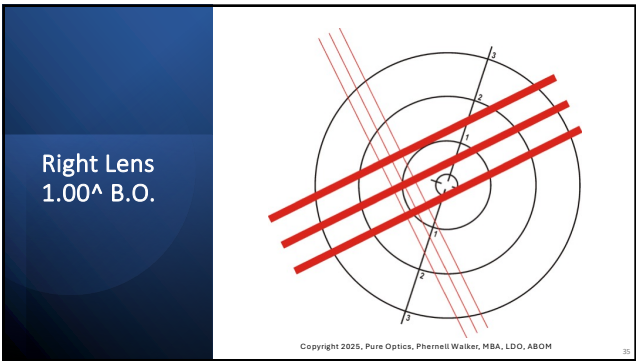
Lensometry
and Prism



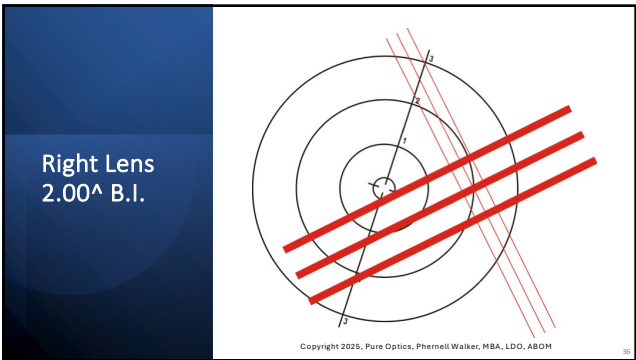
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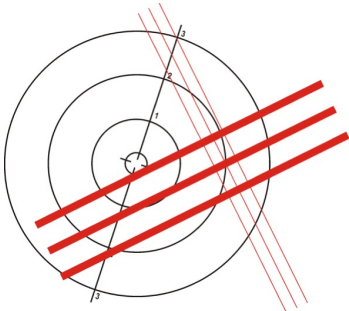


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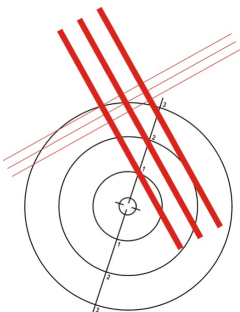
Left Lens
2.00^ B.O.



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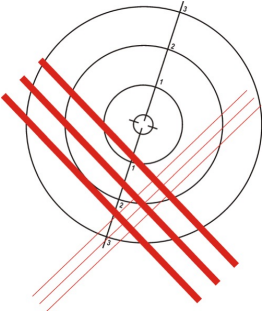
Right or Left
Lens 3.00^ B.U.



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Right or Left
Lens 2.00^ B.D.



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Convert
Degrees to
Rectangular
Notation


$$V = D_e (\sin a)$$
$$H = D_e (\cosine a)$$

where:

- V = vertical prism
- H = horizontal prism
- D_e = prism dioptic power

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Convert the following prescription neutralized in the lensometer from polar notation to rectangular notation:

OD +3.25 DS, 4.00 [▲]B.I. @ 045

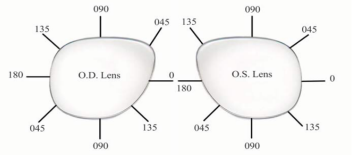
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OD: -3.25 DS, 4[▲] BI @ 045

$V = (4.00) (.707)$
 $H = (4.00) (.707)$
 $V = 2.82$
 $H = 2.82$

OD: +3.25, 2.82[▲] B.U., 2.82[▲] B.I. Notice the rectangular coordinates for the right eye directly corresponds with the polar coordinate of 045 degrees (fig. 11-5).



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Combined
Horizontal &
Vertical Prism

$$\sqrt{P} = \sqrt{V^2 + H^2}$$
$$\tan^{-1} a = v/h$$



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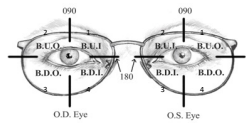
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What is the Net Result?

R_x

OD: -2.00 DS, 1.00 ▲ B.U. & 3.00 ▲ B.I.

OS: -2.50 DS, 1.00 ▲ B.U. & 3.00 ▲ B.I.



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OD (^ = Q1)

$$\sqrt{P} = \sqrt{V^2 + H^2}$$
$$\sqrt{P} = 1^2 + 3^2$$
$$\sqrt{P} = 1 + 9$$
$$\sqrt{P} = 10$$
$$\sqrt{P} = 3.16$$
$$\tan^{-1} a = v/h$$
$$\tan^{-1} a = 1/3$$
$$\tan^{-1} a = 18.43$$
$$\tan^{-1} a = 18 \text{ degrees}$$

OS (^ = Q2)

$$\sqrt{P} = \sqrt{V^2 + H^2}$$
$$\sqrt{P} = 1^2 + 3^2$$
$$\sqrt{P} = 1 + 9$$
$$\sqrt{P} = 10$$
$$\sqrt{P} = 3.16$$
$$\tan^{-1} a = v/h$$
$$\tan^{-1} a = 1/3$$
$$\tan^{-1} a = 18.43$$
$$\tan^{-1} a = 162 \text{ degrees}$$

Determine the Tangent Angle

a ₁	a
Quadrant I	a ₁ = a
Quadrant II	180 - a ₁ = a
Quadrant III	180 + a ₁ = a
Quadrant IV	360 - a ₁ = a

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Rectangular Prism Rx

OD: -2.00 DS, 1.00 ▲ B.U. & 3.00 ▲ B.I.

OS: -2.50 DS, 1.00 ▲ B.U. & 3.00 ▲ B.I.

Combined Prism Rx

OD: -2.00 DS, 3.16 ▲ @ 018 degrees

OS: -2.50 DS, 3.16 ▲ @ 162 degrees

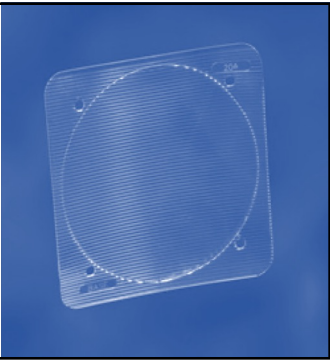
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Treatment Options

Temporary Testing Prism

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Prism Power

- Bilateral prism - splitting prism between both eyes
- Convergence (ESO) - bilateral Base Out (B.O.)
- Divergence (EXO) - bilateral Base In (B.I.)
- Right (Hyper)
 - OD lens = Base Down (B.D.)
 - OS lens = Base Up (B.U)
- Left (Hyper)
 - OD lens = Base Up (B.U.)
 - OS lens = Base Down (B.D)

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