

## Caring for Your Patient with Cancer



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## Cecelia Koetting Financial Disclosures

"All relevant relationships have been mitigated."

- Horizon-C
- Ivantis-C
- Orasis-C, S, R
- Trukera (B+L) -C
- LENZ-C
- PRN-C,S
- Kala-R
- Tarsus-C,S,R
- Topcon-C
- Glaukos-C
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- Iveric Bio-C
- Azura-C
- Aldeyra-C
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- Myze- C
- MOVU- C
- Vital Tears- C
- Oyster Point/Viatris-C,R
- Allergan/Abbvie -C, S, R
- Alcon-C, S, R
- Harrow- C, S
- Thea-C,R
- Bruder-C
- Blinkjoy-C
- SCOPE-C
- Brill- C

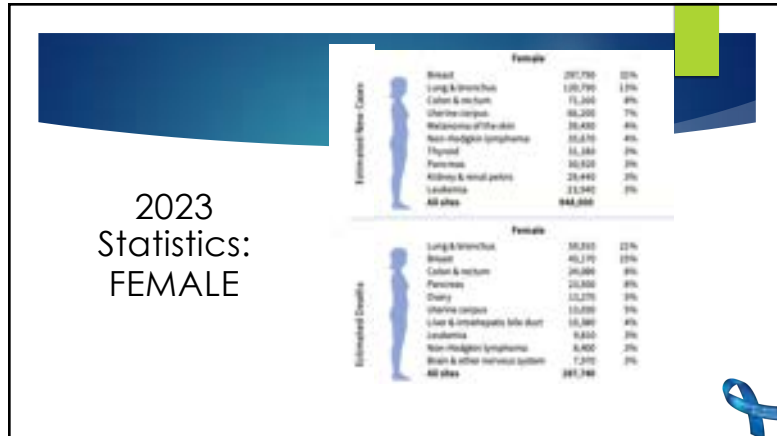
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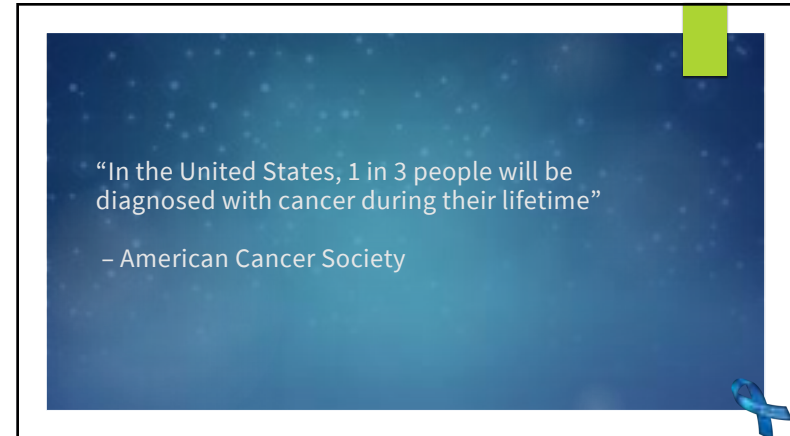
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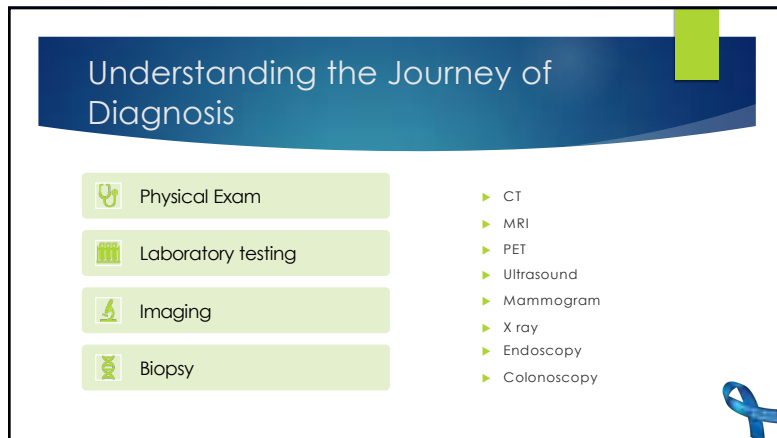
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## TNM Classification System

<b>Primary Tumor (T)</b>	TX	Primary tumor cannot be measured
	T0	No evidence of primary tumor
	Tis	Carcinoma in situ (has not spread to neighboring tissue)
	T1, T2, T3, T4	Size and/or extent of primary tumor
<b>Regional Lymph Nodes (N)</b>	NX	Regional lymph nodes cannot be measured
	N0	No regional lymph node involvement
	N1, N2, N3	Involvement of regional lymph nodes (number and/or extent of spread)
<b>Metastasis (M)</b>	MX	Distant metastasis cannot be measured
	M0	No distant metastasis
	M1	Distant metastasis (cancer has spread to distant parts of the body)

Adapted from: What is cancer staging? American Joint Committee on Cancer: [www.cancerstaging.org/references-tools/Pages/What-is-cancer-staging.aspx](https://www.cancerstaging.org/references-tools/Pages/What-is-cancer-staging.aspx). Accessed September 9, 2020.

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## Discussing the Diagnosis with Patients

- ▶ Patients may not understand why you are asking so many questions regarding their diagnosis.
- ▶ It can feel invasive to have so many doctors continue to prod.



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## Being Empathetic/Sympathetic

- ▶ Can you relate to your patient?
- ▶ Remember, your patients ARE NOT statistics
- ▶ Is now a good time to try to lend an ear?
- ▶ Don't ask about prognosis unless it is offered

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## Treatments for Cancer



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## Options

- **Surgery**
- **Chemotherapy.**
- **Radiation therapy.**
- **Bone marrow transplant.** Bone marrow transplant is also known as a stem cell transplant.
  - Donor or from self
  - Allows your doctor to use higher doses of chemotherapy to treat your cancer
  - It may also be used to replace diseased bone marrow.
- **Immunotherapy aka Biologic therapy**
- **Hormone therapy.**
  - Some types of cancer are fueled by your body's hormones.
  - Removing those hormones from the body or blocking their effects may cause the cancer cells to stop growing.
- **Targeted drug therapy.**
  - Focuses on specific abnormalities within cancer cells that allow them to survive.
- **Clinical trials.**


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## Radiation

- ▶ *Radiation* is an area-targeted treatment
- ▶ Uses high-powered energy beams, such as X-rays and protons, to kill cancer cells
- ▶ Radiation treatment can come from a machine outside your body (external beam radiation), or it can be placed inside your body (brachytherapy).
- ▶ Unless the area treated is near the eye, it is unlikely there will be ocular effects.
  - ▶ Pigmentation changes, peeling of the skin, blisters, and skin photosensitivity



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# Interferon treatment

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## Interferon

- ▶ A natural substance made by our white blood cells that helps our body's immune system fight infection and disease.
- ▶ Interferon can also be made in a lab
- ▶ It is used to help control the growth of cancer or to kill cancer cells
- ▶ Considered a type of immunomodulatory agent.

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## Possible Ocular Side Effects

Interferons	Cancer Type	Ocular Side Effects
Interferon-alpha Interferon-beta Interferon-gamma	Haematological malignancies Chronic myeloid leukemia Bladder cancer, melanoma, multiple myeloma, hairy cell leukemia, Kaposi sarcoma, follicular non-Hodgkins lymphoma, condyloma acuminata, kidney, carcinoid syndrome, islet cell	<ul style="list-style-type: none"> <li>• Alopecia</li> <li>• Trichiasis</li> <li>• Corneal allograft rejection</li> <li>• Retinopathy</li> <li>• Retinal vein/artery occlusions</li> <li>• Anterior ischemic optic neuropathy</li> <li>• Myasthenia gravis</li> <li>• Cranial nerve palsy</li> </ul>

Ho WL, Wang H, Yao T. The ophthalmological complications of targeted agents in cancer therapy: what do we need to know as ophthalmologists? *Acta Ophthalmol*. 2013;91(7):604-609.

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## Chemotherapy

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## Chemo Overview

- ▶ Chemotherapy is a drug treatment that uses powerful chemicals to kill fast-growing cells in your body.
  - ▶ Cancer cells grow and multiply much more quickly than most cells in the body.
- ▶ Many times chemotherapy drugs are not used alone
  - ▶ multiple drugs are used at the same time and are coupled with steroids.
- ▶ Delivered either intravenously or orally in pill form
  - ▶ May or may not be used in conjunction with radiation

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Chemotherapy Agents		
Chemotherapy Agent	Cancer Type	Ocular Side Effects
<b>Cisplatin</b>	Head and neck, lung, cervical, ovarian, testicular, upper gastrointestinal, osteogenic sarcoma, neuroblastoma, brain tumor in children, bladder cancer	<ul style="list-style-type: none"> <li>Optic Neuritis</li> <li>Papilledema</li> <li>Transient cortical blindness</li> <li>Hemorrhagic hemianopia</li> <li>Central scotoma</li> <li>Macular pigment changes</li> <li>CRAO</li> </ul>
<b>Carboplatin</b>	Lung cancer, head and neck, ovarian, breast, gastro-intestinal, and osteogenic sarcoma	<ul style="list-style-type: none"> <li>Optic neuropathy</li> <li>Maculopathy</li> <li>Limitation of ocular motility</li> </ul>
<b>Oxaliplatin</b>	Colon cancer, esophageal, pancreatic, epithelial ovarian, non-hodgkin's lymphoma, testicular cancer	<ul style="list-style-type: none"> <li>Blurred vision</li> <li>Eye pain</li> <li>Epiphora</li> <li>Conjunctivitis</li> <li>Visual field defects</li> </ul>
<b>Chlorambucil</b>	Hodgkin's and non-hodgkin's disease, adult chronic lymphocytic leukemia	<ul style="list-style-type: none"> <li>Keratitis</li> <li>Diplopia</li> <li>Papilledema</li> <li>Retinal hemorrhages</li> </ul>
<b>Cyclophosphamide</b>	Breast cancer, lymphomas, leukemias, retinoblastoma, small cell lung cancer, ovarian, sarcoma, multiple myeloma	<ul style="list-style-type: none"> <li>Blurred vision</li> <li>Keratoconjunctivitis sicca</li> <li>Blepharokeratoconjunctivitis</li> <li>Epiphora</li> </ul>
<b>Ifosfamide</b>	Soft tissue sarcoma, osteosarcoma, non-hodgkin's lymphoma, small cell lung cancer, ovarian, testicular, cervical	<ul style="list-style-type: none"> <li>Blurred vision</li> <li>Conjunctivitis</li> </ul>
<b>Busulfan</b>	Chronic myeloid leukemia	<ul style="list-style-type: none"> <li>Posterior sub-capsular cataract</li> <li>Blurred vision</li> <li>Keratoconjunctivitis sicca</li> </ul>
<b>Camustine</b>	Brain neoplasms, multiple myeloma, hodgkin's and non hodgkin's lymphoma, cutaneous T-cell lymphoma, malignant melanoma	<ul style="list-style-type: none"> <li>Optic neuro-retinitis</li> <li>Optic neuritis</li> <li>Blurred vision</li> <li>Diplopia</li> <li>Optic Atrophy</li> <li>Retinopathy</li> </ul>

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## Adjunct Medications Commonly Used

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Antimetabolites		
Chemotherapy Agent	Cancer Type	Ocular Side Effects
<b>Cytosine arabinoside</b>	Acute myeloid leukemia, lymphocytic leukemia, lymphomatous meningitis, chronic myeloid leukemia	<ul style="list-style-type: none"> <li>Ocular pain</li> <li>Epiphora</li> <li>Foreign body sensation</li> <li>Photophobia</li> <li>Blurred vision</li> <li>Conjunctival hyperemia</li> <li>Corneal punctate opacities</li> <li>Optic neuropathy</li> </ul>
<b>5-Fluorouracil and Capecitabine</b>	Skin, head and neck, breast, gastrointestinal, colorectal, cervical cancer	<ul style="list-style-type: none"> <li>Blurred vision</li> <li>Ocular pain</li> <li>Photophobia</li> <li>Epiphora</li> <li>Conjunctivitis</li> <li>Periorbital edema</li> <li>Ectropion</li> <li>Keratitis</li> </ul>
<b>Methotrexate</b>	Breast cancer, choriocarcinoma, osteogenic sarcoma, acute leukemia, cutaneous lymphoma, head and neck	<ul style="list-style-type: none"> <li>Peri-orbital edema</li> <li>Ocular pain</li> <li>Blurred vision</li> <li>Photophobia</li> <li>Conjunctivitis</li> <li>Blepharitis</li> <li>Optic neuropathy</li> <li>INO</li> <li>Macular edema*</li> <li>RPE changes*</li> </ul>
<b>Pemetrexed</b>	Pleural mesothelioma, small cell lung cancer	<ul style="list-style-type: none"> <li>Epiphora</li> <li>Conjunctivitis</li> </ul>
<b>Fludarabine</b>	B cell chronic lymphocytic leukemia, non-hodgkins lymphoma, acute leukemias, mycosis fungoides	<ul style="list-style-type: none"> <li>Diplopia</li> <li>Photophobia</li> <li>Optic neuritis</li> <li>Blurred vision</li> </ul>
<b>Penicillamine</b>	Hairy cell leukemia, cutaneous T-cell lymphoma, chronic lymphocytic leukemia	<ul style="list-style-type: none"> <li>Conjunctivitis</li> <li>Epiphora</li> <li>Dry eye</li> <li>Photophobia</li> <li>Retinopathy</li> </ul>

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Mitotic Inhibitors		
	Cancer Type	Ocular Side Effects
<b>Paclitaxel</b>	Breast cancer, ovarian cancer	<ul style="list-style-type: none"> <li>Scintillating scotoma</li> <li>Visual field impairment</li> <li>Photopsia</li> <li>Ischemic optic neuropathy</li> </ul>
<b>Docetaxel</b>	Breast cancer, gastric, gastro-esophageal adenocarcinoma, head and neck, prostate cancer, non small cell lung carcinoma	<ul style="list-style-type: none"> <li>Erosive conjunctivitis</li> <li>Punctual stenosis</li> <li>Canalicular narrowing</li> <li>Naso-lacrimal duct obstruction</li> </ul>
<b>Vincristine</b>	Lymphoblastic leukemia, ewing's sarcoma, hodgkin's disease, non-hodgkin's disease, lung, breast, soft tissue sarcomas	<ul style="list-style-type: none"> <li>Cranial nerve palsies (ptosis, lagophthalmos, INO, corneal hyperesthesia)</li> <li>Optic neuropathy</li> <li>Optic atrophy</li> <li>Cortical blindness</li> <li>Night blindness</li> </ul>
<b>Topoisomerase Inhibitor II</b>	Retinoblastoma	<ul style="list-style-type: none"> <li>CRAO</li> <li>Retinal toxicity</li> </ul>

\*in conjunction with cyclophosphamide when administered intra-cerebral

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## Biologics

- Adoptive cell transfer
- Angiogenesis inhibitors
- Bacillus Calmette-Guerin therapy
- Biochemotherapy
- Cancer vaccines
- Chimeric antigen receptor (CAR) T-cell therapy
- Cytokine therapy
- Gene therapy
- Immune checkpoint modulators
- Immunocjugates
- Monoclonal antibodies
- Oncolytic virus therapy
- Targeted drug therapy

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## Biologics for Cancer

**Biologicals as a category**

- ▶ a diverse group of medicines which includes vaccines, growth factors, immune modulators, monoclonal antibodies, as well as products derived from human blood and plasma.

In general, biological therapies work by:

1. Getting the immune system to attack cancer cells.
2. Making cancer cells easier for the immune system to see.

Benefit: Possibly fewer side effects

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Biologic Agents		
Inhibitor of Epidermal Growth Factor Receptor		
	Cancer Type	Ocular Side Effects
<b>Gefitinib</b>	Non-small cell lung cancer	<ul style="list-style-type: none"> <li>Corneal erosion</li> <li>Corneal perforation</li> <li>Trichiasis</li> <li>Dry eye syndrome</li> <li>Blepharitis</li> <li>conjunctivitis</li> </ul>
<b>Erlotinib</b>	Non-small cell lung cancer, pancreatic	<ul style="list-style-type: none"> <li>Corneal erosion</li> <li>Corneal perforation</li> <li>Infectious keratitis</li> <li>Trichiasis</li> <li>Periorbital rash</li> <li>Periorbital swelling</li> <li>Ectropion</li> <li>Conjunctivitis</li> </ul>
<b>Cefuximab</b>	Colorectal, head and neck squamous cell carcinoma	<ul style="list-style-type: none"> <li>Corneal epithelium toxicity</li> <li>Corneal erosion</li> <li>Corneal perforation</li> <li>Trichiasis</li> <li>Dry eye syndrome</li> <li>Mebomian gland dysfunction</li> <li>Blepharitis</li> <li>conjunctivitis</li> </ul>
<b>Panitumumab</b>		<ul style="list-style-type: none"> <li>Corneal perforation</li> <li>Conjunctivitis</li> <li>Hyperemia</li> <li>Epiphora</li> <li>Trichiasis</li> </ul>

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Inhibitors of Vascular Endothelial Growth Factor Receptor		
<b>Sunitinib</b>	Renal cell carcinoma, gastrointestinal stromal tumors	<ul style="list-style-type: none"> <li>Central visual field defect</li> <li>Cortical blindness</li> <li>Retinal detachment/tear</li> <li>Blurred vision</li> <li>Periocular edema</li> </ul>
<b>Pazopanib</b>	Renal cancer	<ul style="list-style-type: none"> <li>Ptosis</li> <li>Corneal toxicity</li> <li>Retinal detachment/tear</li> <li>Retinal artery/vein occlusion</li> <li>Papilledema</li> <li>Optic neuropathy</li> <li>Uveitis</li> <li>Macular edema</li> <li>Conjunctival hemorrhage</li> <li>Refinal/vitreous hemorrhage</li> </ul>
<b>Bevacizumab</b>	Colorectal, non small cell lung cancer, renal cell carcinoma, glioblastoma, cutaneous melanoma	<ul style="list-style-type: none"> <li>Cortical blindness</li> <li>Optic neuritis</li> <li>Optic neuropathy</li> </ul>

Fraunfelder FT, Fraunfelder FW. Oral anti-vascular endothelial growth factor drugs and ocular adverse events. J Ocul Pharmacol Ther. 2018;34(6):432-435.

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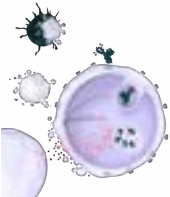
Inhibitors of tumor specific proteins		
<b>Crizotinib</b>	Non-small cell lung cancer	<ul style="list-style-type: none"> <li>Flashes</li> <li>Light trails</li> <li>Image persistence</li> <li>Light Dark adaptation abnormality</li> </ul>
<b>Imatinib</b>	Chronic myeloid leukemia, Gastrointestinal stromal tumors	<ul style="list-style-type: none"> <li>Periorbital edema Subconjunctival hemorrhage</li> <li>Conjunctival chemosis</li> <li>Epiphora</li> <li>Ulcerative keratitis</li> <li>Dry eye syndrome</li> <li>Blurred vision</li> <li>Optic neuritis</li> <li>Optic disc edema</li> <li>Retinal edema</li> <li>Cystoid macular edema</li> </ul>
<b>Vandetanib</b>	Melanoma	<ul style="list-style-type: none"> <li>Uveitis</li> <li>Iritis</li> <li>Refinal vein occlusion</li> </ul>
<b>Ipilimumab</b>	Malignant melanoma	<ul style="list-style-type: none"> <li>Dry eye syndrome</li> <li>Proptosis</li> <li>Swelling of EOM</li> <li>Diplopia</li> <li>Iridocyclitis</li> </ul>
<b>Ganglioside GD2</b>	Neuroblastoma	<ul style="list-style-type: none"> <li>Photophobia</li> <li>Accommodative deficiency</li> <li>Mydriasis</li> </ul>

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### Mirvetuximab Soravtansine

Mirvetuximab soravtansine (MIRV) is the first biomarker-directed agent showing antitumor activity in patients with FR $\alpha$ -positive<sup>a</sup> platinum-resistant ovarian cancer (PROC)<sup>1</sup>



- MIRV is an antibody-drug conjugate (ADC) comprising an FR $\alpha$ -binding antibody, cleavable linker, and maytansinoid DM4 payload<sup>1</sup>
- A phase 3 clinical study, SORAYA, evaluated MIRV in patients with FR $\alpha$ -high PROC who had received 1 to 3 prior therapies, including required bevacizumab<sup>1,3</sup>

AEs, adverse events; DM4, NZ-[4-((3-carboxypropyl)idithio)-4-methyl-1-oxo-2-sulfonyl]-N-(2-acetyl)maytansine; FR $\alpha$ , folate receptor alpha.  
<sup>a</sup>Antitumor activity with MIRV has been demonstrated with single-agent MIRV in FR $\alpha$ -high PROC ( $\geq 75\%$ ) tumor cells FR $\alpha$ -positive by PS2<sup>1</sup>) and in combination with other agents in FR $\alpha$ -low to high PROC ( $\geq 25\%$ ) tumor cells FR $\alpha$ -positive by PS2<sup>1</sup>).

1. Matulonis UA, et al. Presented at: 2022 American Society of Clinical Oncology Annual Meeting; June 3-7, 2022; Chicago, IL. Poster 391. 2. Matulonis UA, et al. Clin Cancer Res. 2019;25(6):1727-1736.  
 3. ClinicalTrials.gov Identifier: NCT04296890. Updated April 21, 2022. Accessed August 9, 2022. <https://clinicaltrials.gov/ct2/show/NCT04296890>. 4. Matulonis UA, et al. Presented at: 2018 European Society for Medical Oncology Congress; October 19-23, 2018; Munich, Germany. Abstract 949P.

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### Ocular AEs and Grading

Eye Disorders

CTCAE term	Grade 1	Grade 2	Grade 3	Grade 4
Blurred vision	Intervention not indicated	Symptomatic; moderate decrease in visual acuity; limiting instrumental ADL <sup>a</sup>	Symptomatic, with marked decrease in visual acuity; limiting self-care ADL <sup>a</sup>	Best corrected visual acuity of 20/200 or worse in the affected eye
Keratitis	Asymptomatic; clinical or diagnostic observations only; intervention not indicated	Symptomatic; moderate decrease in visual acuity	Symptomatic, with marked decrease in visual acuity; corneal ulcer; limiting self-care ADL <sup>a</sup>	Perforation; best corrected visual acuity of 20/200 or worse in the affected eye
Dry eye <sup>b</sup>	Asymptomatic; clinical or diagnostic observations only; symptoms relieved by lubricants	Symptomatic; moderate decrease in visual acuity	Symptomatic, with marked decrease in visual acuity; limiting self-care ADL <sup>a</sup>	NA
Photophobia <sup>c</sup>	Symptomatic but not limiting ADL	Limiting instrumental ADL <sup>a</sup>	Limiting self-care ADL <sup>a</sup>	NA

Best corrected visual acuity 20/40 or better or  $\leq 3$  lines of decreased vision from known baseline

Moderate decrease in visual acuity

Marked decrease in visual acuity

Best corrected visual acuity worse than 20/40 or  $\geq 3$  lines of decreased vision from known baseline, up to 20/200

ADL, activities of daily living; AEs, adverse events; CTCAE, Common Terminology Criteria for Adverse Events; NA, not available.  
<sup>a</sup>Instrumental ADL refers to preparing meals, shopping for groceries or clothes, using the telephone, managing money, etc. <sup>b</sup>Self-care ADL refers to bathing, dressing and undressing, feeding self, using the toilet, taking medications, and not dizziness. <sup>c</sup>Disorder characterized by inflammation to the cornea of the eye. <sup>d</sup>Disorder characterized by dryness of the cornea and conjunctiva. <sup>e</sup>Disorder characterized by fear and avoidance of light.  
 National Cancer Institute. Common Terminology Criteria for Adverse Events (CTCAE), Version 5. US Department of Health and Human Services; 2017. Published November 27, 2017. Accessed July 30, 2022. [https://ctep.cancer.gov/protocoldevelopment/electronic\\_applications/docs/ctcae\\_v5\\_quick\\_reference\\_5a7.pdf](https://ctep.cancer.gov/protocoldevelopment/electronic_applications/docs/ctcae_v5_quick_reference_5a7.pdf)

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## Most common Anterior segment and Adnexal Side Effects

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## Ocular Surface Disease

- ▶ Ocular Surface disease
  - ▶ Dry eye Disease
  - ▶ Conjunctivitis
  - ▶ Blepharitis
    - ▶ Demodex
  - ▶ Meibomian gland damage
  - ▶ Limbal stem cell deficiency
  - ▶ Neurotrophic keratitis
- ▶ Epiphora
  - ▶ 2/2 lacrimal gland stenosis or OSD?
  - ▶ Surgical Tx

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## Limbal Stem Cell Deficiency

- ▶ When limbal stem cells begin to struggle and poorly function, the epithelial cell layer and its reproduction becomes compromised
- ▶ Loss or deficiency of stem cells in the limbus which are vital for re-population of the corneal epithelium and to the barrier function of the limbus
- ▶ Once limbal stem cells are damaged the epithelium will be replaced by conjunctival goblet cells

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## Symptoms

Decreased vision

Photophobia

Tearing

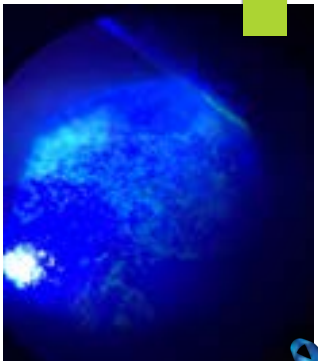
Blepharospasm

Recurrent pain

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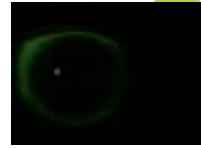
### Signs

- ▶ Stippled superficial punctate late fluorescein staining
  - ▶ Stained cells are more elongated and pill shaped than in SPK from DED
- ▶ Early LSCD staining more concentrated peripheral near limbal area
- ▶ More progressed LSCD staining spread central and becomes more diffuse
  - ▶ Natural migration of epithelial cells
  - ▶ Whorl like pattern staining
- ▶ Ingrowth of opaque epithelium
- ▶ Superficial neovascularization


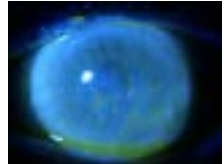
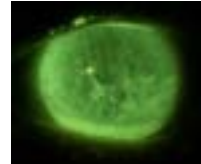


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### NORMAL EYE






### TOTAL LSCD

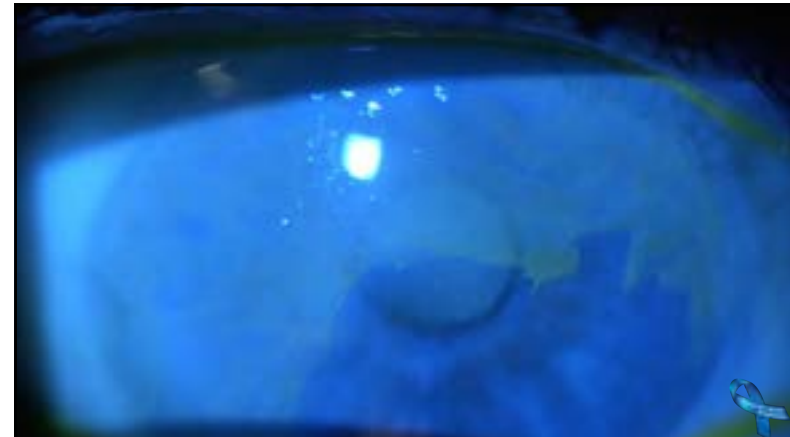




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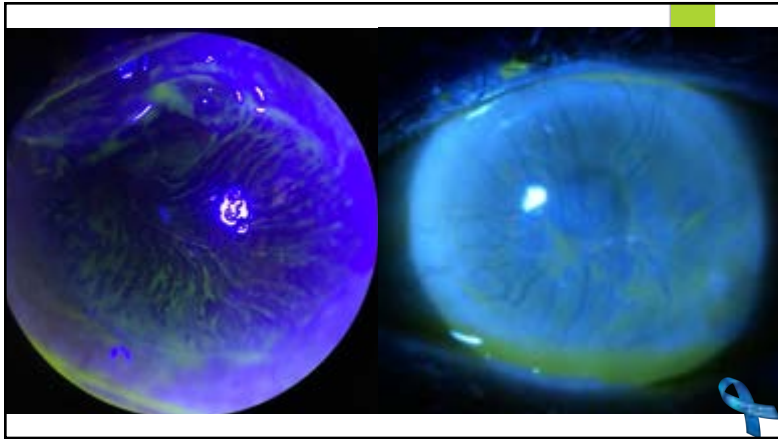
### LATE STAINING FLUORESCINE PATTERN



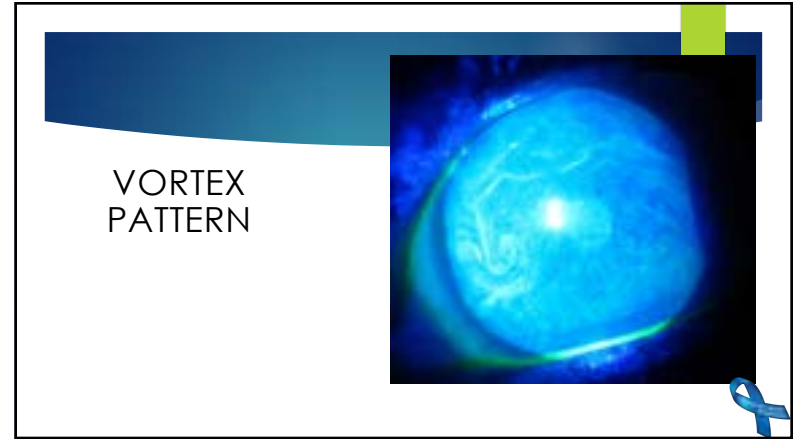

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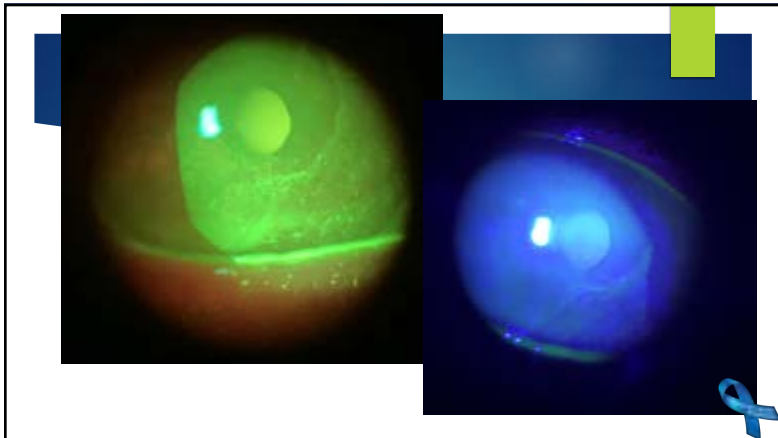
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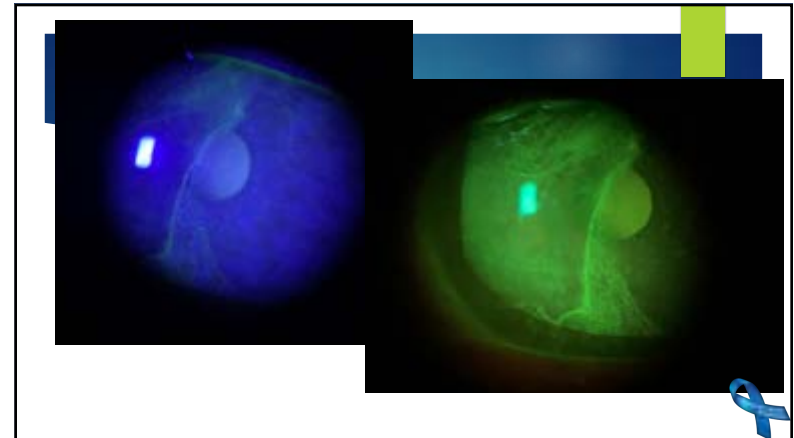
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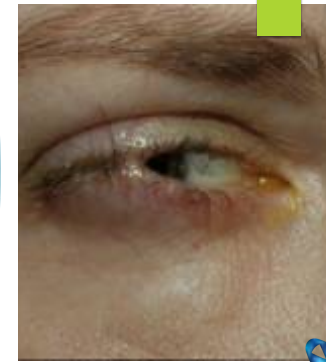
## Non-Surgical Treatment

- ▶ Remove traumatic or toxic insults that may be the cause
  - ▶ Discontinue contact lens wear
    - ▶ Possible refit in scleral
    - ▶ Bandage CL?
  - ▶ Discontinue or switch topical medications
    - ▶ Glaucoma medications
    - ▶ Preservative sensitivity
      - ▶ BAK
- Treating underlying systemic causes
  - Autoimmune control
- Improve tear film and control inflammation
  - Vitamin A ointment QHS
  - Topical steroids
    - Compounded Preservative Free option
  - Topical cyclosporine
  - Preservative free AT
  - Punctal Plugs

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## Next Step Treatments?

- ▶ Amniotic membrane
  - ▶ Dehydrated vs cryopreserved
- ▶ Amniotic membrane drops
  - ▶ Can be costly and not covered by insurance currently
- ▶ Serum Tears
  - ▶ Can be costly and inconvenient
- ▶ Oxervate
  - ▶ Neurotrophic keratitis
- ▶ Surgical
  - ▶ LS transplant
  - ▶ Tarsorrhaphy



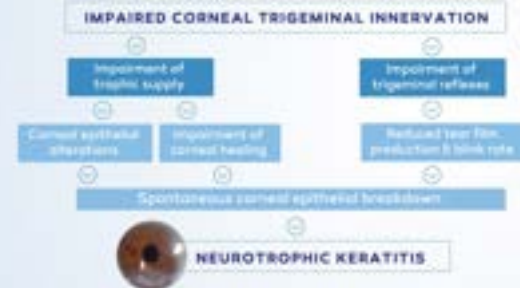
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## Neurotrophic Keratitis



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## Mackie classification



1. Dua M, Sud D, Mishra D, et al. Neurotrophic keratopathy. Prog Retin Eye Res. 2019;64:151-161. 2. Senanayake C, et al. Neurotrophic keratopathy. Ophthalmology. 2014;121:184-191. 3. Eckert M, Lohrke A. Diagnosis and management of neurotrophic keratitis. Clin Ophthalmol. 2018;11:15-25. 4. Senanayake C. Update on neurotrophic keratopathy. Curr Opin Ophthalmol. 2019;34:105-110. 5. Dua M, Senanayake C, et al. Neurotrophic keratopathy: a review of the disease and its management. J Clin Ophthalmol. 2011;15:124-130.

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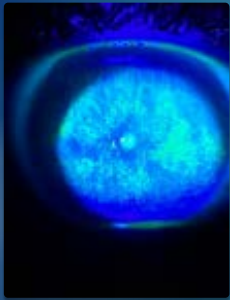
## Corneal Sensitivity Testing: Esthesiometry

- ▶ Qualitative
  - ▶ Cotton tip applicator
  - ▶ Dental floss
- ▶ Quantitative
  - ▶ Cochet-Bonnet
  - ▶ Brill esthesiometer



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## Persistent Epithelial Defect: Stage 2 NK Post Chemotherapy (finished 8 months prior)

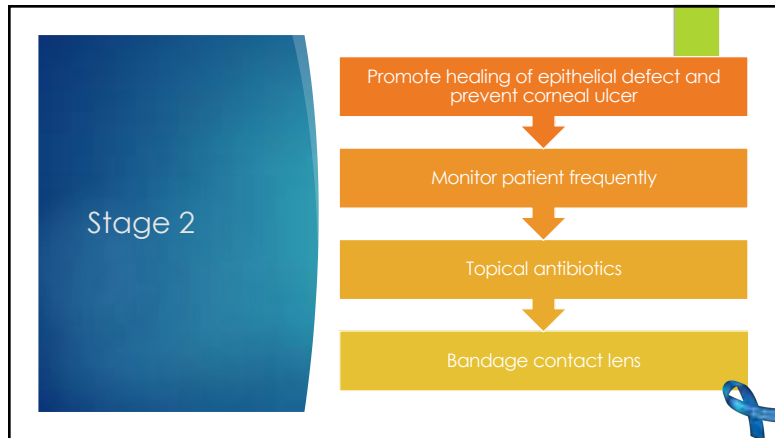


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## Stage 1 +2 +3 Treatment

- ▶ Remove any ocular medication that may be associated with toxicity
  - ▶ Preservative free options, tears and ointments
- ▶ Treat other associated ocular problems
  - ▶ LSCD
  - ▶ OSD/DED
  - ▶ Exposure keratitis
- ▶ Vitamin A ointment
- ▶ Amniotic membranes
- ▶ Autologous serum eye drops
  - ▶ Growth factors, neuromediators, cytokines, vitamins
  - ▶ Steroids

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**Stage 3**

- ▶ All the above
- ▶ Heavy antibiotics
  - ▶ Consider fortified
- ▶ Will need surgery if perforation

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**Autologous Serum tears for NK**

- ▶ Matsumoto et al 2004
- ▶ Complete healing of all the 14 eyes with NK treated with autologous serum drops and an increase in corneal sensitivity in 64.2% of cases
- ▶ The study demonstrated that serum harbors neurotrophins and growth factors to the ocular surface.
- ▶ More recent studies confirmed that autologous serum eye drops allowed high rates of corneal healing, and also the improvement of corneal nerve morphology with increased number, length, width, and density

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**cenegermin-bkbj 20 mcg/ml was approved by FDA in August 2018**

- ▶ Approved for the treatment of neurotrophic keratitis in adults and children age 2 and older
- ▶ Available for ordering since January 2019
- ▶ Developed by Dompé pharmaceuticals, available through specialty pharmacy

Bonini S, Lambase A, Rama P et al. Phase II Randomized, Double-Masked, Vehicle-Controlled Trial of Recombinant Human Nerve Growth Factor for Neurotrophic Keratitis. Ophthalmology 2018;125:1332-1343.

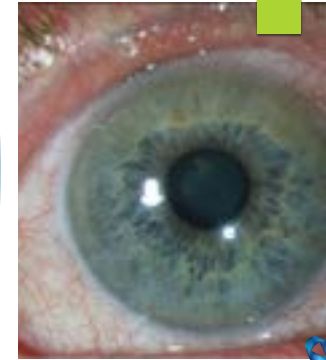
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## Graft vs Host Disease

- ▶ Systemic disorder that occurs when the graft's immune cells recognize the host as foreign and attack the recipient's body cells.
- ▶ "Graft" = transplanted, or donated tissue
- ▶ "Host" = tissues of the recipient
- ▶ Common complication
  - Following allogeneic bone transplantation (most common)
  - Following transplantation of solid organs that are rich in lymphoid cells (eg. liver)
  - Following transfusion of un-irradiated blood

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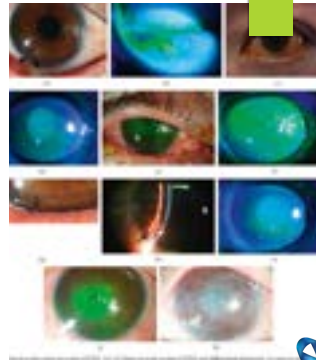
1. Acute classic GVHD: Presents within 100 days of transplantation with classical clinical features of acute GVHD.
2. Persistent, recurrent, or late-onset acute GVHD: Manifests with clinical features of classic acute GVHD but after 100 days of transplantation.
3. Classic chronic GVHD: Presents after 100 days of transplant with classic clinical features of chronic GVHD.
4. Overlap syndrome: May present at any time post-transplant with features of both acute and chronic GVHD [\[11\]](#)



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## Ocular Presentation

- ▶ Lacrimal gland
  - ▶ Most affected and most severely affected
  - ▶ CD4 and CD8 T cell cause damage to periductal epithelial cells of lacrimal gland leading to permanent stenosis
  - ▶ Study found tear turnover rate in GVHD approx. same as Sj0
- ▶ Severe MGD
- ▶ Conjunctiva
  - ▶ Range from erythema to cicatrizing conjunctivitis 2/2 inflammation in approx. 11/128 of acute and chronic GVHD pt
- ▶ Cornea
  - ▶ LSCL, NK, K sicca, filaments, ulcers perforation
  - ▶ Cataract development (systemic steroid and radiation)
  - ▶ Post seg. rare more likely related to radiation or steroid as well



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### NIH Ocular Scoring in Chronic GVHD [\[11\]](#)

Score	Definition
0	No dry eye symptoms.
1	Mild dry eye symptoms not affecting daily activities (requiring eye drops ≤3x/day) or asymptomatic signs of keratoconjunctivitis sicca.
2	Moderate dry eye symptoms partially affecting daily activities (requiring drops >3x/day or punctal plugs), without vision impairment.
3	Severe dry eye symptoms significantly affecting daily activities (special eyewear to relieve pain) or unable to work because of ocular symptoms or loss of vision caused by keratoconjunctivitis sicca.

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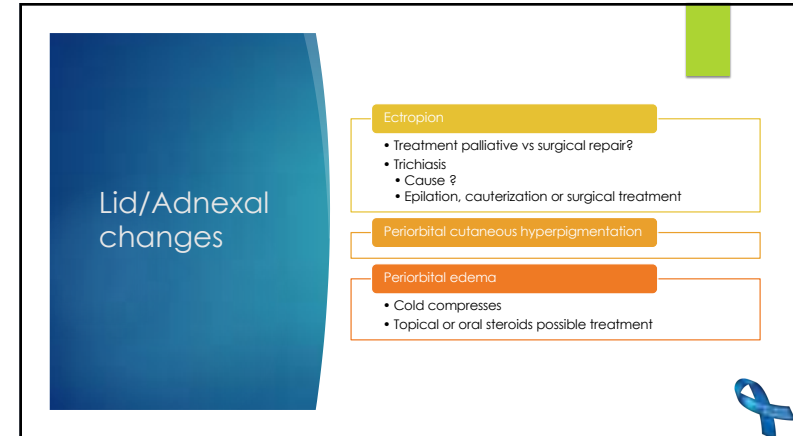




**Treatment**

- ▶ Cyclosporine
  - ▶ Systemic and topical
- ▶ Steroids
  - ▶ Systemic and topical
- ▶ Amniotic membrane
- ▶ PRP/autologous serum
- ▶ Frequent PF lubrication
- ▶ Vitamin A ointment

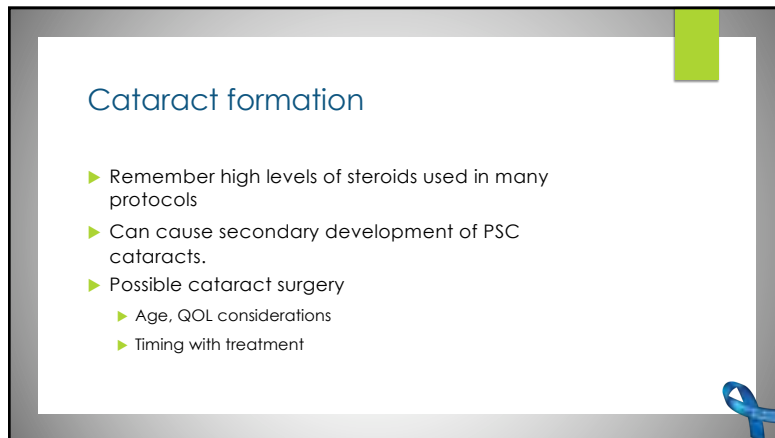
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**Lid/Adnexal changes**

- Ectropion**
  - Treatment palliative vs surgical repair?
  - Trichiasis
    - Cause ?
    - Epilation, cauterization or surgical treatment
- Periorbital cutaneous hyperpigmentation**
- Periorbital edema**
  - Cold compresses
  - Topical or oral steroids possible treatment

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**Cataract formation**

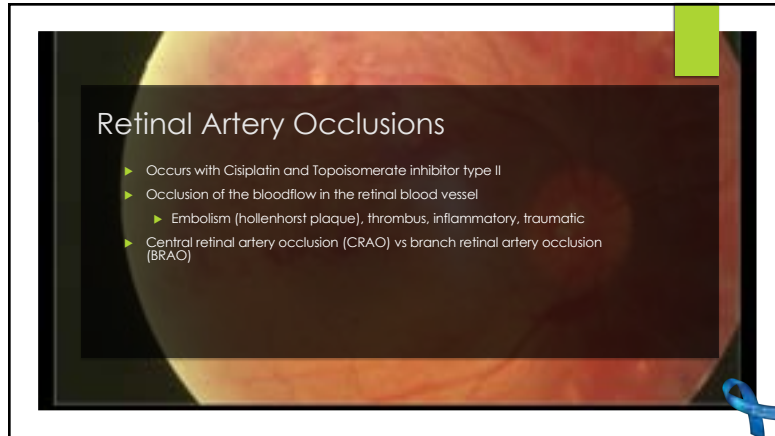
- ▶ Remember high levels of steroids used in many protocols
- ▶ Can cause secondary development of PSC cataracts.
- ▶ Possible cataract surgery
  - ▶ Age, QOL considerations
  - ▶ Timing with treatment

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**Most common  
Posterior Segment  
Side Effects**

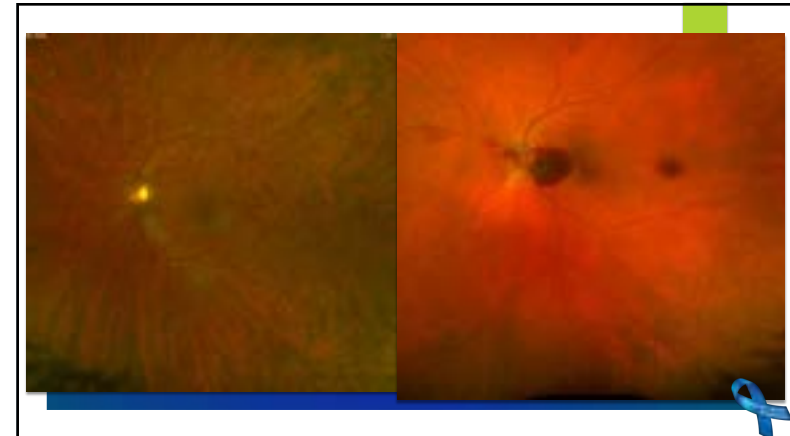
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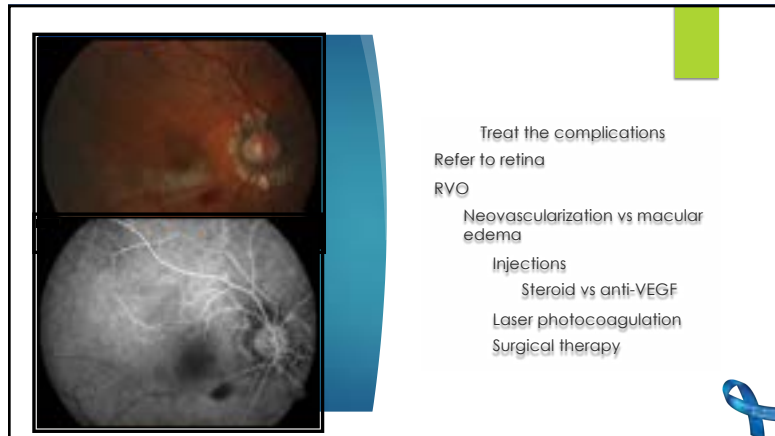
## Retinal Artery Occlusions

- Occurs with Cisplatin and Topoisomerase inhibitor type II
- Occlusion of the bloodflow in the retinal blood vessel
  - Embolism (hollenhorst plaque), thrombus, inflammatory, traumatic
- Central retinal artery occlusion (CRAO) vs branch retinal artery occlusion (BRAO)

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## Treat the complications

Refer to retina

RVO

Neovascularization vs macular edema

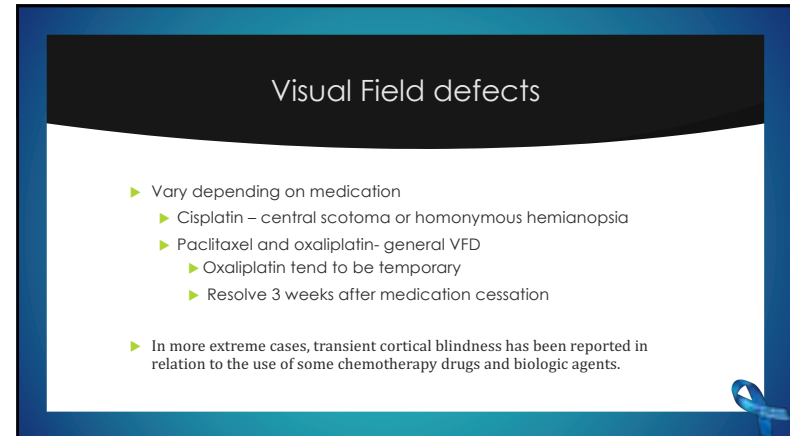
Injections

Steroid vs anti-VEGF

Laser photocoagulation

Surgical therapy

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## Visual Field defects

- Vary depending on medication
  - Cisplatin – central scotoma or homonymous hemianopsia
  - Paclitaxel and oxaliplatin- general VFD
    - Oxaliplatin tend to be temporary
    - Resolve 3 weeks after medication cessation
- In more extreme cases, transient cortical blindness has been reported in relation to the use of some chemotherapy drugs and biologic agents.

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## Treatment?

- ▶ Let the oncology team know
- ▶ Monitor consistently
- ▶ Discussion with patients regarding adaptation to visual changes and prognosis for improvement is important
- ▶ Temporary prisms and other low vision devices may be helpful in improving these patients' quality of life.

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## Hormone Modulation

- ▶ Tamoxifen
  - ▶ Selective Estrogen receptor modulator
  - ▶ Used for 5 years after hormone receptor-positive breast cancer to reduce risk of re-occurrence
  - ▶ Some instances of use as preventative

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## Tamoxifen Retinopathy

- ▶ Characterized by crystalline deposits and pseudocystic foveal cavitations
- ▶ Occurs 1.5 to 11.8%
- ▶ Monitor patients: (frequency not defined)
  - ▶ OCT macula
  - ▶ VF 10-2
- ▶ In some patients refractile crystalline deposits appear to fade
- ▶ Can also occur with Mitotane and interferon treatment

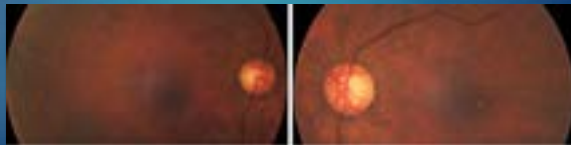


Figure 2. Retinopathy. Retinopathy caused by treatment with tamoxifen in low dosage.  
Acta Ophthalmol (Copenh). 1983; 61: 45-50  
Heier JS, Dragoo R.A., Enzenauer R.W. Screening for ocular toxicity in asymptomatic patients treated with tamoxifen. Am J Ophthalmol. 1994; 117: 772-775

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## Kim et al. 2020

- ▶ Retrospective analysis identified 30 of 251 patients with tamoxifen retinopathy, all of which were on a 20mg per day dose for  $\geq 2$  years.
- ▶ Found that patients with a higher BMI and hyperlipidemia may be at increased risk
- ▶ Suggests that patients on a low dose of tamoxifen are still at risk for toxicity
  - ▶ may be more likely if they possess these risk factor

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**Neuro-Ophthalmic Side Effects/ Neurotoxicity**


- ▶ Can manifest as papilledema, retinal edema and optic neuritis
  - ▶ Both unilateral and bilateral
- ▶ High doses or high cumulative doses of chemo
  - ▶ Possible retrobulbar optic neuritis



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**Other culprits**

- ▶ Patients receiving chemotherapy via intracarotid injection have presented with more severe ocular and orbital toxicity including ipsilateral retrobulbar neuritis
- ▶ Tamoxifen (again)
  - ▶ Can cause bilateral optic neuritis leading to optic atrophy and vision loss in high doses



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**Take Away**

**01**

Be kind and considerate

**02**

Remember, we CAN help

**03**

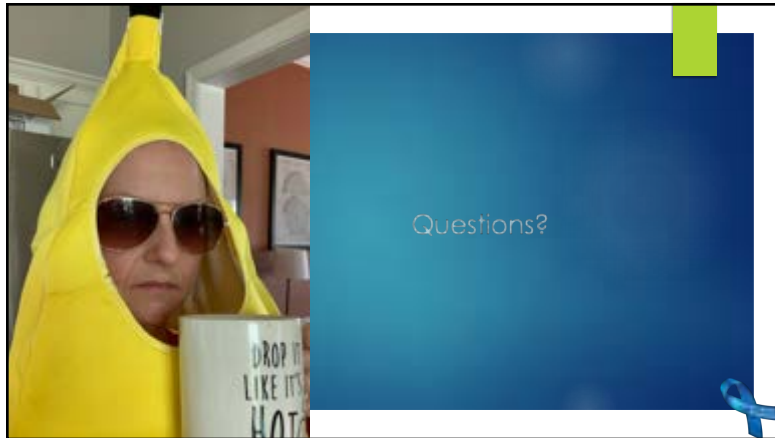
Work together as a team

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**Get yo' self checked**

- ▶ Diagnosing cancer at its earliest stages often provides the best chance for a cure.
- ▶ With this in mind, talk with your doctor about what types of cancer screening
- ▶ Advocate for your PATIENTS and YOURSELF

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