#### Course Title

# Dealing with Disruptors Contact Lens Innovation Symposium Vision Expo West 2025

Course Length - 1 Hour

Course Instructors - Moderator: Avani Dave, Panelists: Melissa Barnett, Pavan Avinashi

Course Category - Contact Lens

**Course Description** - Explore the evolving landscape of contact lens practice from both a patient and practice management perspective. This course will highlight both clinical and business disruptors impacting patient safety, retention, visual performance, and technological advancements. The lecturers will provide real-world perspective and discuss practical strategies to help attendees thrive in a rapidly changing contact lens marketplace.

## Learning Objectives -

- 1. Investigate contact lens factors that disrupt patient safety, drop out, visual demands and ocular health
- 2. Discuss the facets of practice management involving the business of contact lens materials and patient retention

#### Course Outline -

## Patient Management

- Overnight use of Contact Lenses
  - Extended wear
  - Replacement schedules
    - #1 Daily Replacement Contact Lenses
- Contact Lens Modality
  - Specialty lenses for "normal" patients
  - Expanding specialty lens services (opportunity for growth and niche)
    - Impression based and image guided designs improve efficiency
- New Contact Lens Technology
  - Drug eluting lenses and "smart" lenses
- Patient lifestyle
  - Environment exposure (water/swimming)
  - TFOS Lifestyle Report Contact Lenses
- Emerging Presbyopia
  - Monovision vs. Multifocal vs. Pharmaceutical Adjuncts
- Pseudophakic patients

- Post-premium intraocular implants
- Complications
  - Fate of patients with past history of contact lens related complications (Microbial Keratitis, Red Eye, Conjunctivitis, Ulcer)

### **Practice Management**

- Stance on Fitting Fees, Contact Lens Evaluations, Global Periods
- Regulatory Changes
  - FTC Contact Lens Rule (2020)
    - Impact on in-office sales
- Purchase and Source of Contact Lens Products
  - Online sale contact lenses
    - Pros: Patient convenience, cost
    - Cons: Poor compliance, product quality, loss of business
  - Manufacturer Direct to Consumer sales
  - Subscription services (Auto "refill")
    - Benefits to practice
  - Pricing Transparency and Price "matching"
- Incorporating technology
  - Telemedicine:
    - Improving patient access to providers
  - AI Fitting Tools
    - Improving efficiency and reducing chair time
- Corporate Consolidation
  - Role of Private Equity
  - Impact of Large Retailers
- Patient retention techniques
  - Trial of new products and brands
- Impact of Social Media