

## PROBLEM SOLVING AND GLAUCOMA MANAGEMENT

JESSICA STEEN OD, FAAO, DIPL ABO



1

## FINANCIAL DISCLOSURES

- Speaker-Carl Zeiss Meditec, Bausch and Lomb, Oyster Point Pharma, Thea Pharma, Alcon, Allergan, Iveric Bio
- Advisory Board-Bausch and Lomb, Santen, Peripherex, Ocuphire, OcuTerra, Oyster Point Pharma, Allergan, Iveric Bio, Radius XR
- Shareholder-Clearside Biomedical (<0.01% ownership)
- All relevant relationships have been mitigated

2

## 61 YEAR OLD HISPANIC FEMALE

- Primary open angle glaucoma OU diagnosed in 1998
  - At the age of 36
  - Treated with timolol 0.5% BID OU
    - IOP 18-20mmHg OD and OS; peak untreated IOP not known
- CCT 477 $\mu$ m OD 495 $\mu$ m OS

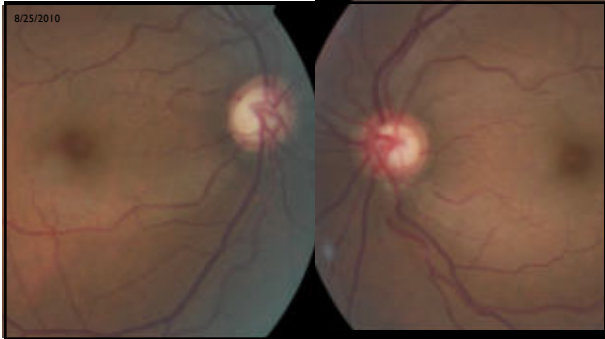
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- Hypothyroidism managed with levothyroxine
  - Multivitamin, Omega-3
- **Not** hypertensive

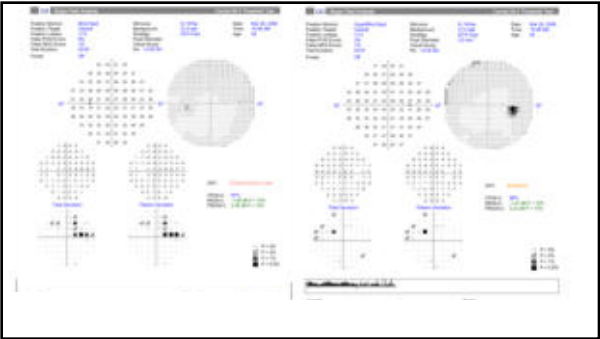
Date	Time	Temp F	Temp C	BP	Site	Cuff Size	Pulse
11/12/2020	10:01 AM			90 / 60	verif	adult	72
06/02/2020	5:22 PM			111 / 78			64
10/06/2019	2:17 PM			104 / 66	verif	adult	63
09/09/2018	4:05 PM			110 / 62			67
05/18/2018	12:45 PM			102 / 68			60
07/14/2015	PM			118/60			

- No family history of glaucoma
  - Mother-Alzheimer's disease

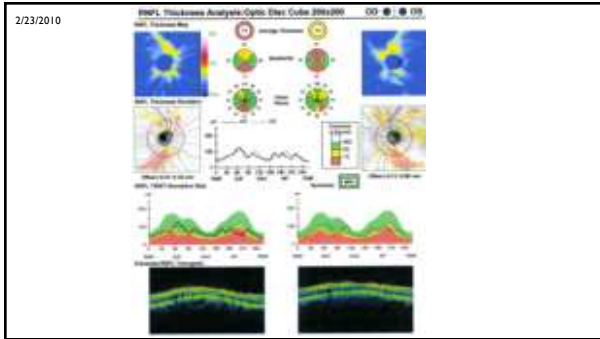
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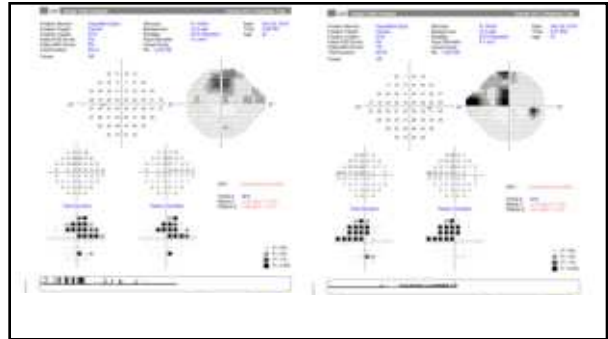
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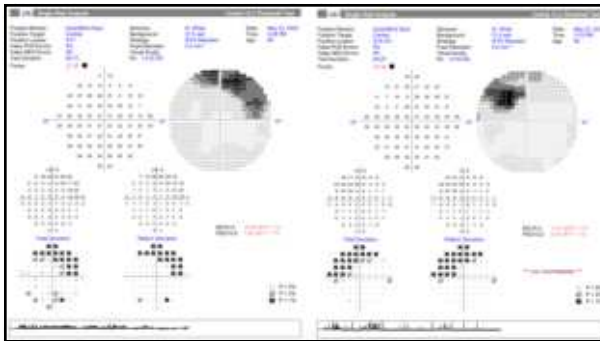
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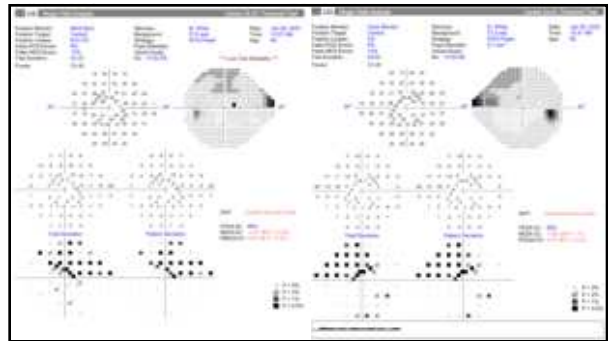
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### A Comparison of the Visual Field Parameters of SITA Faster and SITA Standard Strategies in Glaucoma

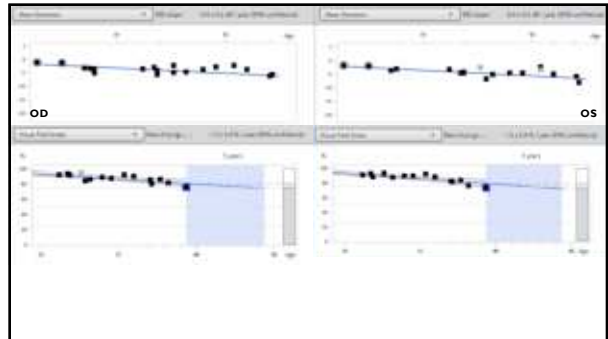
- Removes 'dead time' during the test
- No blind spot, no false negatives
  - Gaze monitoring and false positives
    - Unless you manually adjust settings
- Slightly increased overall threshold sensitivity (is this bad?)
- More difficult testing situation vs. 'positive start bias' of SITA Standard
  - No 'easy' answers
- Clinically equivalent to SITA Standard(?)

**24-2C Testing pattern: an additional 10 points in the paracentral area overlaid on the the 24-2 pattern**

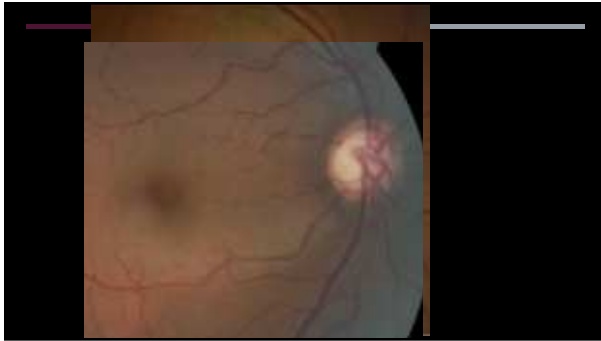
Lavinia R et al. A Comparison of the Visual Field Parameters of SITA Faster and SITA Standard Strategies in Glaucoma. J Glaucoma. 2020 Sep;29(9):783-788.

Thulasidas M, Pappal S. Comparison of 24-2 Faster, Fast, and Standard Programs of Swedish Interactive Threshold Algorithm of Humphrey Field Analyzer for Perimetry in Primary Open-Angle Glaucoma. J Glaucoma. 2020 Nov;29(11):1070-1076.

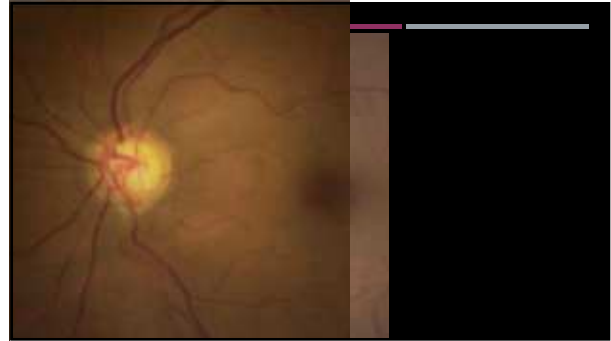
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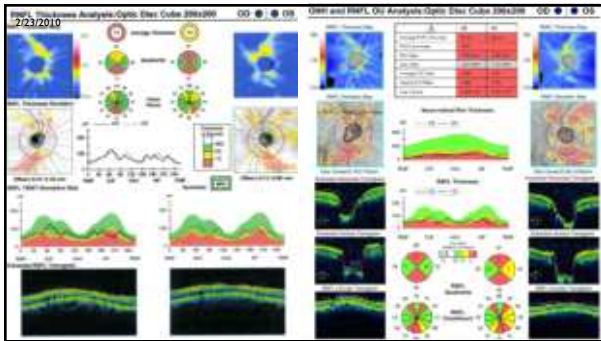
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13



14



15

**HAS THIS PATIENT'S DISEASE PROGRESSED?**  
**YES...** Therapy was escalated appropriately over the last 20 years.  
**But. There is evidence of progression with IOP 8-10mmHg**

17

**Intraocular Pressure**

- This is the most significant risk factor overall
- IOP which is statistically abnormal is not necessarily physiologically abnormal for an individual eye
- Conversely, IOP that is statistically normal is not necessarily physiologically normal for an individual eye
- There is no clinically useful level of IOP to differentiate all normal from all people with glaucoma**

African American subjects, n = 4674 (closed circles); Caucasian subjects, n = 5700 (open circles)

18

**INTRA-OCULAR PRESSURE, GLAUCOMA, AND GLAUCOMA SUSPECTS IN A DEFINED POPULATION\***

F. C. HOLLWEG and P. A. GRAHAM  
 Epidemiological Research Unit and Department of Ophthalmology, Royal Infirmary, Cardiff

- "Normal tension glaucoma" "Primary open angle glaucoma with statistically normal pressure"
- "Average" intraocular pressure is 15-16mmHg (SD = 2.5mmHg)
- "Normal" range 11-21mmHg
- Based on a population-based study in England of nearly 2000 white males over 40 years of age

19

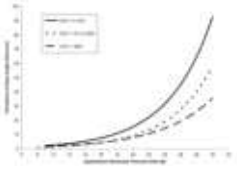
## BUT—THE PRESSURE IS LOW

- But, the cornea is thin.
- Central corneal thickness impacts applanation tonometry measurement
  - Can lead to misdiagnosis or treatment changes
- Thin corneas are a risk factor for development of glaucoma in patients with ocular hypertension (OHTS)

20

## CENTRAL CORNEAL THICKNESS

- Persons with thin CCT had a significantly higher prevalence of OAG than did those with normal or thick CCTs at all levels of IOP
- **CCT is an important independent risk factor for the prevalence of glaucoma**
  - Los Angeles Latino Eye Study Group



Los Angeles Latino Eye Study, n = 5970

21


## Do not adjust IOP based on CCT measurements

Pachymetry measurement and conversion models may themselves be error sources

*It's not that simple*

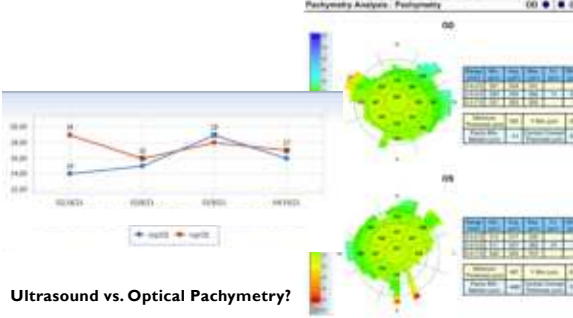
**No validated algorithm to correct IOP based on CCT**

No proven association of CCT and any other structural abnormality



22

## Ultrasound vs. Optical Pachymetry?



23

## The Cupped Disc

### Who Needs Neuroimaging?

David T. Chenfeld, MD,<sup>1</sup> B. Michael Siskovick, MD,<sup>1</sup> Jack C. Olson, MD,<sup>1,2</sup> Steven J. Silver, MD,<sup>1,2</sup> Robert E. Fariss, B, MD<sup>1</sup>

**Conclusions:** Anterior visual pathway compression is an uncommon finding in the neuroradiologic evaluation of patients with a presumptive diagnosis of normal-tension glaucoma. Younger age, lower levels of visual acuity, vertically aligned visual field defects, and neuroretinal rim pallor may increase the likelihood of identifying an intracranial mass lesion. *Ophthalmology* 1999;106:1866–1874

- “Nothing notches a nerve like glaucoma”
- Disc hemorrhage, vertical cup elongation

I appreciate the opportunity to discuss this article because I feel so passionately about its conclusion. I agree with the authors: if it looks like normal-tension glaucoma, you do not have to do neuroimaging to sleep at night.

Richard Mills MD, MPH

24

## THOUGHTS!

- #1 Adherence.
- What is the impact of:
  - Central corneal thickness
  - Corneal hysteresis
  - Corneal biomechanics
  - Laminar biomechanics
- Disease mechanism
  - Mechanical
  - Vascular dysfunction or IOP-independent factors
  - Glaucoma is a neurodegenerative disease

PGAs are associated with the best adherence at FDA approved dosing

Published in Real World Book on: *Ophthalmology* 2014 December; 126(12): 2448–2449. doi:10.1016/j.ophtha.2014.07.027.

**Corneal Biomechanics and Visual Field Progression in Eyes with Seemingly Well-Controlled Intraocular Pressure**

Blanca R. Escamez, MD<sup>1,2</sup>, Nava G. Gagli, MD<sup>1</sup>, Alejandro A. Jarama, MD<sup>1</sup>, Carolina R. Escamez, MD<sup>1,2</sup>, Samuel J. Bertrick, PhD<sup>1,2</sup>, Felipe A. Medeiros, MS, PhD<sup>1</sup>

25

## What other risk factors exist?

Elevated IOP  
Older age  
Black or African race or Latino or Hispanic ethnicity  
Family history of glaucoma  
Thin central corneal thickness  
Low ocular perfusion pressure  
Myopia  
Type 2 diabetes mellitus  
Low systolic and diastolic blood pressure  
Hypothyroidism

Migraine  
Sleep apnea  
Peripheral vasospasm (Raynaud's syndrome)  
Cardiovascular disease  
Low corneal hysteresis  
Systemic hypertension  
Low cerebral spinal fluid pressure  
**Genetics**

26

## WHAT ELSE CAN WE DO?

- Are we missing true peak IOP?
- Home tonometry
- Needs to be accurate, portable, painless, relatively inexpensive, continuous, supported by software

27

## Glaucoma and genetics

Currently, about 296 loci have been identified (Han et al. 2023)

In most patients, complex genetics are involved

Each gene contributes a small amount of risk, but none of which cause disease on their own

- Direct contribution to disease development
- Influence biological pathways
- Contribute to other risk factors (IOP)

**Polygenic risk score; one more parameter to consider (not yet)**

28

## Glaucoma and genetics

**Polygenic risk score development using GWAS data**

**Diagnostic holy grail**

**Predict outcomes of disease**

29

## JUVENILE OPEN ANGLE GLAUCOMA

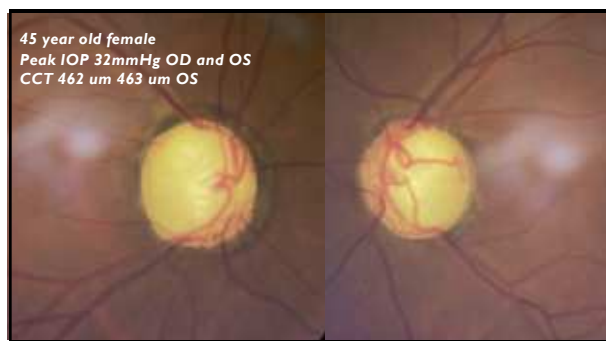
- Developmental immaturity of the trabecular meshwork
- Essentially normal appearance by gonioscopy
  - Open anterior chamber angle without significant abnormality
- **There is no such thing as 'normal tension' JOAG**
- Often considered to be inherited as an autosomal dominant trait
- IOP rises sometime between about 2 and 16 years of age
  - Diagnosed before about 40 years of age

30

## GENETICS IN JOAG

- Multiple myocilin gene mutations implicated in development
  - Myocilin is found in trabecular meshwork cells, beams, and in juxtacanalicular tissue
- Myocilin-associated glaucoma: mutant protein aggregates within TM cells → leads to cell death → TM damage → high IOP → glaucoma
  - Increases resistance to outflow
- Not all patients with SNPs in the myocilin gene develop JOAG
- **Family history matters**
  - Especially when it's real and close
  - Evaluate family members: siblings, children

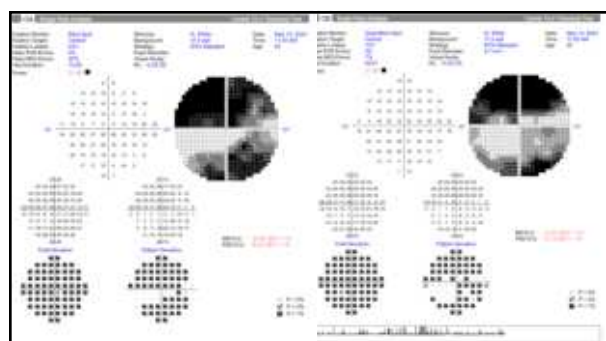
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32



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34

### ***Myocilin gene-autosomal dominant***

***90% penetrance***

***What is the impact on the emotional aspect with genetic testing?***

***Low vision consultation-most effective early in the disease course***

35

**WHAT IS 'MAX MEDICAL THERAPY?'**

36



37

### What is maximum medical therapy?

*It depends on what the patient can comfortably manage (tolerate)*

*Zero medications...6 medications...or somewhere in between*

38

### What is maximum medical therapy?

*What is the tolerability—and long-term feasibility of treatment?*

**Next steps?**  
*In what time frame?*

39

### Ocular surface disease is common

**Around 60% of glaucoma patients are reported to have ocular surface disease...**

**Really...that's it?**

**It matters, but does not impact target IOP**

40

### OCULAR SURFACE DISEASE AND GLAUCOMA

- Manage the ocular surface early
  - If patients are asymptomatic when clinical signs are apparent prior to initiation of therapy—expect symptoms to develop with therapy
- Long-term impact of benzalkonium chloride
  - Decreased density of goblet cells
    - Related to concentration of BAK

41

### ADDITIONAL OPTIONS

- Medication options
  - Non-BAK formulations
    - Travoprost 0.004% (Travatan Z) sofZia-teal colored cap
    - Latanoprost 0.005% ophthalmic emulsion (Xelpros) potassium sorbate
  - Preservative-free formulations
    - Tafluprost 0.0015% (Zioptan)-prostaglandin analog
    - Dorzolamide-timolol (Cosopt PF)
    - Timolol 0.25% and 0.5% (Timoptic in Ocudose)
    - Latanoprost 0.005% (Iyuzeh)

42

**Dorzolamide-timolol BID OS x 6 years (IOP 20mmHg OD)**

**Peak IOP 27mmHg OD, 17mmHg OS**

**Variation between generic manufacturers?**

**Delayed hypersensitivity?**



43

#### "NEW" MEDICATION CLASSES AND EXPECTED EFFECTS

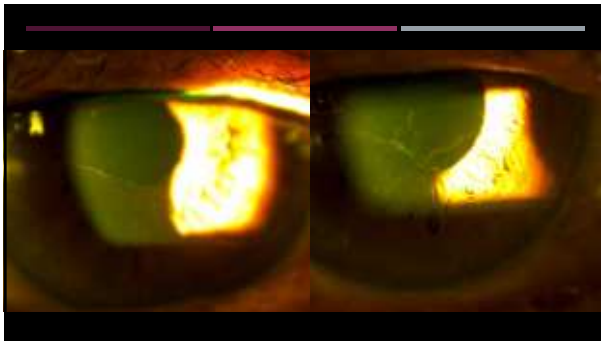
- Rho kinase family includes proteins which regulate cell shape, motility, proliferation, and apoptosis
  - **Regulate smooth muscle contraction in the trabecular meshwork and ciliary body**
- Rho kinase **inhibitors**
  - Relax trabecular meshwork cells to increase trabecular outflow
- *May also affect ocular blood flow and retinal ganglion cell survival*
  - *Role in cardiovascular procedures, corneal procedures*
  - *Role in development of fibrosis*

44

#### RHO KINASE INHIBITOR/NOREPINEPHRINE TRANSPORT INHIBITOR

- **Increase trabecular outflow**
- **Lower episcleral venous pressure**
  - Netarsudil 0.02% (Rhopressa)
    - QHS dosing
  - Netarsudil/latanoprost 0.02%/0.005% (Rocklatan)
- Hyperemia-most common
  - Typically improves over time
    - *When do you see your patients back after altering medical therapy?*
- Subconjunctival hemorrhage
- Corneal verticillata

45



46

#### WHERE DO RHOPRESSA & ROCKLATAN FIT IN?

- Efficacy is similar to timolol 0.5% (BID)
  - \*\*In clinical trials
- Ideally a second line treatment
  - Seems to work better with low/moderate IOP (<25mmHg)
- Advantage of once daily dosing vs. other typical second line medication
- Cost?



47

#### STREAMLINING MEDICAL THERAPY

- 51 year old male
- Diagnosis of pigmentary glaucoma left eye
- Presents for second opinion; he is cautious about SLT—but wishes to reduce medication load
  - Significant dryness—failed on an immunomodulator and serum tears
- Non-Hodgkin's lymphoma (2017), CMML (2023)
- History of bilateral LASIK
- Latanoprost QHS OU, dorzolamide-timolol BID OU, brimonidine BID OS
  - IOP 17mmHg OD, 21mmHg OS

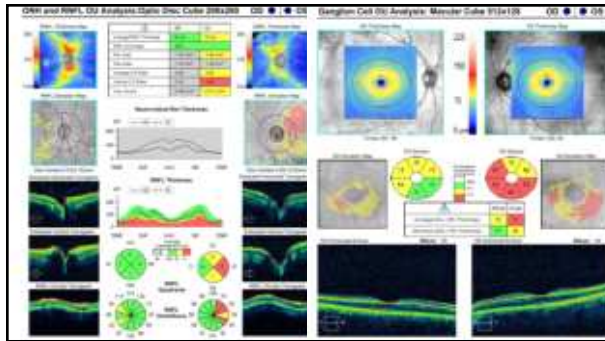
48

#### 51 YEAR OLD MALE

- Gonioscopy: open to CBB 360 degrees OD and OS
- 3+ dense Sampaolesi line right eye; 4+ dense Sampaolesi line left eye
- Flat iris approach
- Peak IOP 27mmHg OD 33mmHg OS

49





50

### MORE phase 4 trial

Multicenter, prospective, open-label study  
No comparator; treated IOP =>20mmHg

Latanoprost, latanoprost + 1, latanoprost +2  
Switch to netarsudil/latanoprost

Latanoprost → -4.9mmHg  
Latanoprost + 1 → -3.6mmHg  
Latanoprost +2 → -3.7mmHg

51

### 51 year old male

Leaving South Florida for the summer in  
2.5 weeks

IOP check on netarsudil/latanoprost QHS  
OU for 16 days OU

IOP 15mmHg OD 21mmHg OS

52

### "NEW" MEDICATION CLASSES

- Latanoprostene bunod 0.024% (Vyzulta)
- Latanoprost acid + butanediol mononitrate
  - Butanediol monohydrate releases NO which increases outflow through the trabecular meshwork and Schlemm's canal
    - Relaxes trabecular beams

53

### The real world isn't always perfect

In the past year, you must have failed all of the formulary alternatives for your condition AND your doctor must provide reason(s) for failure. You may not have to try these drugs if you have a Food and Drug Administration (FDA) labeled contraindication (a health condition or risk factor that may cause harm if you take a drug) that would prevent you from using them. Formulary alternatives include bimatoprost ophthalmic solution, carafeltol ophthalmic solution, netarsudil ophthalmic solution, netarsudil ophthalmic solution, latanoprost ophthalmic solution, and ganfort Lumigan ophthalmic drops, and Travoprost 0.004% ophthalmic drops and may require prior authorization review. \*\*\*\*\*Please note, your doctor has provided a reason you have failed or cannot take an alternative in the past year. The alternative you have tried are latanoprost ophthalmic solution, brimonidine ophthalmic solution, and dorzolamide-timolol ophthalmic solution.\*\*\*\*\*

54

### ALTERNATIVES

- Procedure-based options
  - SLT
  - Sustained-delivery devices
- Surgical options

56

**Efficacy of Repeat Selective Laser Trabeculoplasty in Medication-Naive Open-Angle Glaucoma and Ocular Hypertension during the LiGHT Trial**

Selective laser trabeculoplasty versus eye drops for first-line treatment of ocular hypertension and glaucoma (LiGHT): a multicentre randomised controlled trial

Gus Gazzard, Eugene Krieger, Christopher, David Garway-Heath, Anand Garg, Victoria Robinson, Barbara Krieger, Sarah Arnold, Christopher, Richard Wormald, Neil Sachdev, Sarah Brown, Christopher, Mark Robinson, on behalf of the LiGHT Trial Study Group

**No game-changing data**

*But did provide good quality evidence for what was already known*

57

**Laser in Glaucoma and Ocular Hypertension (LiGHT) Trial**

Six-Year Results of Primary Selective Laser Trabeculoplasty versus Eye Drops for the Treatment of Glaucoma and Ocular Hypertension

**Conclusions:** Selective laser trabeculoplasty is a safe treatment for OAG and OHT, providing better long-term disease control than initial drop therapy, with reduced need for incisional glaucoma and cataract surgery over 6 years. *Ophthalmology* 2023;130:139-151 © 2023 by the American Academy of Ophthalmology. This is an open access article under the CC BY license (<http://dx.doi.org/10.1016/j.ophtha.2023.04.005>).

58

**What's next?**

Low-energy Selective Laser Trabeculoplasty Repeated Annually: Rationale for the COAST Trial

Tony Realini MD, MPH,\* Gus Gazzard MD,†† Mark Lutina MD,‡ and Michael Kass MD[§]

**Estimated primary completion date: June 2027**

**Aims to determine optimal energy level and frequency of SLT**

59



**Direct SLT-no lens used!**


**120 shots, 3ns duration, 400 micron spot size, 2 seconds (GLAUrious trial)**

60

**Sustained release devices**

Bimatoprost implant 10mcg (Durysta)

Sustained release bimatoprost  
Equivalent to about 2-3 drops  
Drug release complete in 3-4 months  
Lasts about 6 months (may be longer)...extension of the ARTEMIS trial  
Implant on day 1, week 16, week 32  
Eyelash growth, redness, iris color change?



Travoprost titanium implant (iDose TR)  
FDA approved December 14, 2023  
Not refillable

61

**SURGICAL OPTIONS**

- Symptoms of ocular surface disease will likely worsen after cataract surgery with or without MIGS (minimally invasive glaucoma surgery)-based procedures
- MIGS procedures are currently primarily approved for individuals with mild-moderate open angle glaucoma
- Exacerbation of inflammation
- Epithelial disruption
- Corneal nerve transection
- Additional topical medications

62

## WHAT'S ON THE MIGS MENU?

- Non-bleb forming
  - Inflow
    - Transscleral cyclophotocoagulation
- Outflow
  - Implant (stent)-iStent inject, iStent inject V
  - Excision of tissue-Trabectome, GATT, Kahook dual blade
  - Dilatation of tissue-canaloplasty
- Bleb-forming (*ab interno* implants)-e.g. Xen Gel Stent

63

## REMOVING MEDICATIONS WILL NOT ELIMINATE OCULAR SURFACE DISEASE

*Cost and access are real concerns to alternative medications and procedures*

64

## HOW DO WE TREAT THE OCULAR SURFACE?

- More topical ocular medications
  - *Is there another route of administration that may be useful?*
- Oral medications
- In-office therapies

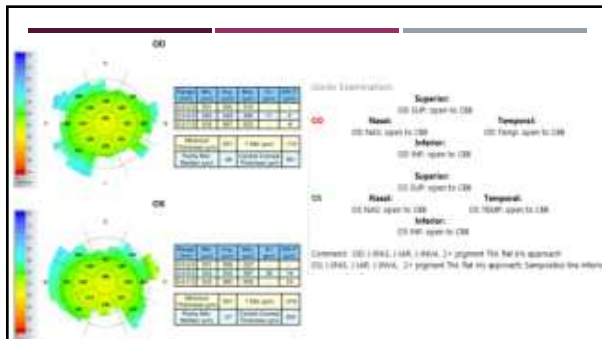
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65 year old East Asian woman

Peak IOP 19/20mmHg  
CCT 501/501um



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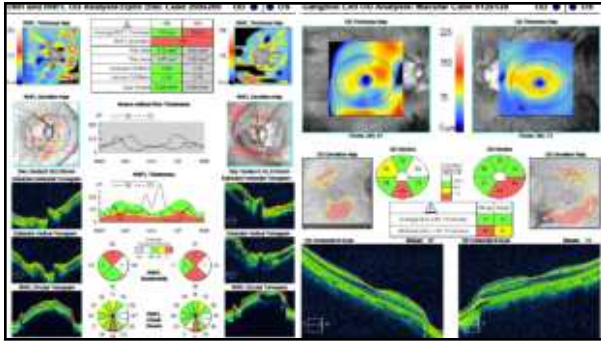
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## Peripapillary atrophy or "halo"

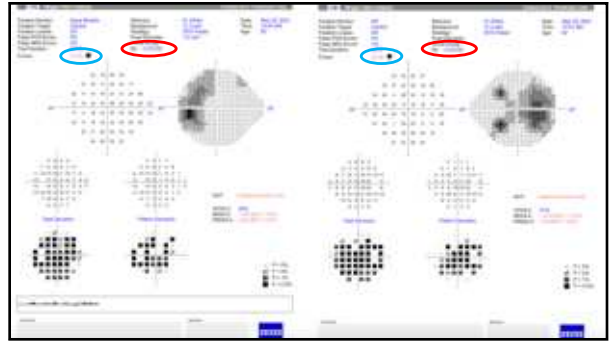
*Nerve fibers are susceptible to damage when they are passing bare choroid*

*These eyes may be more sensitive to pressure changes--and this halo can enlarge and change over time*

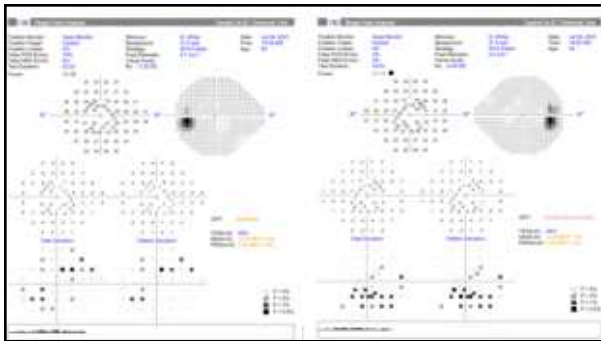
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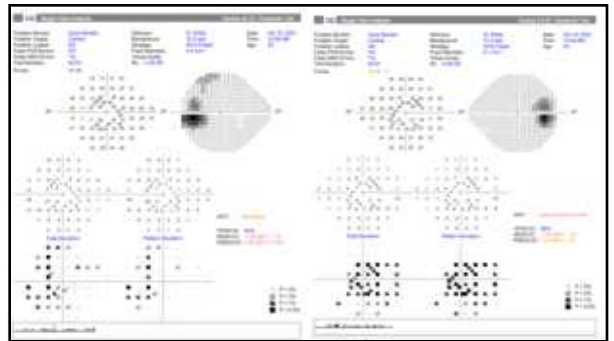
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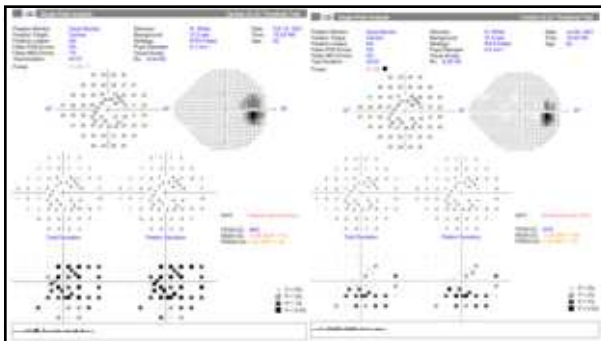
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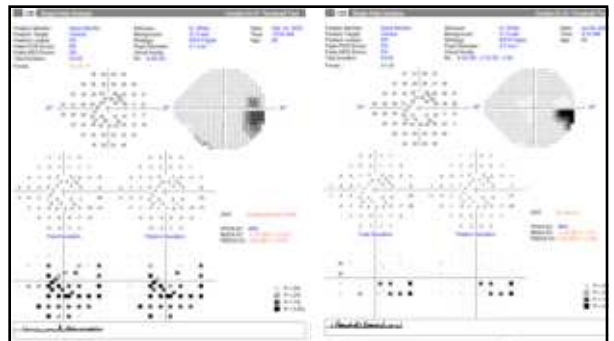
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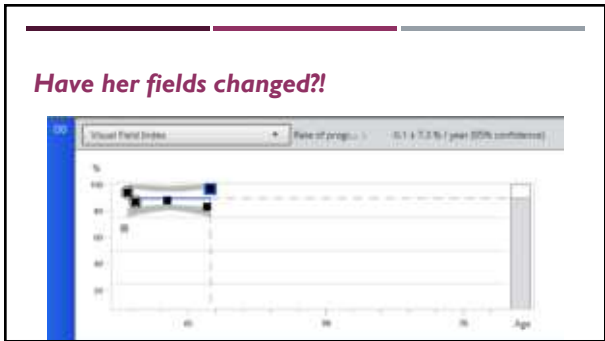
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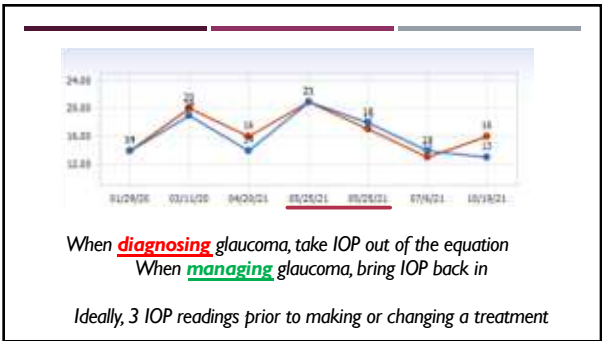
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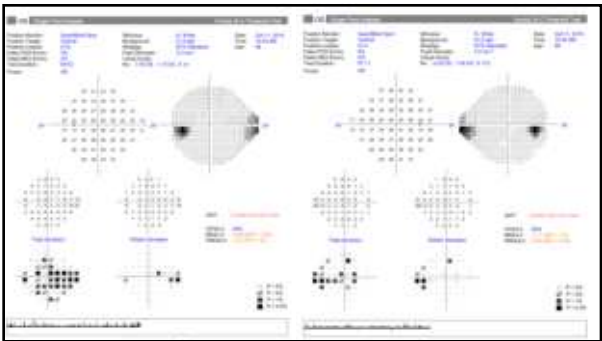
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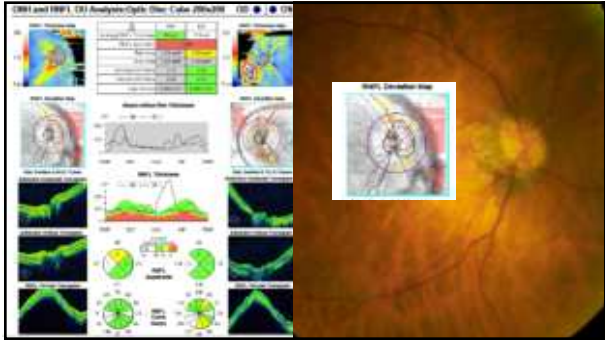
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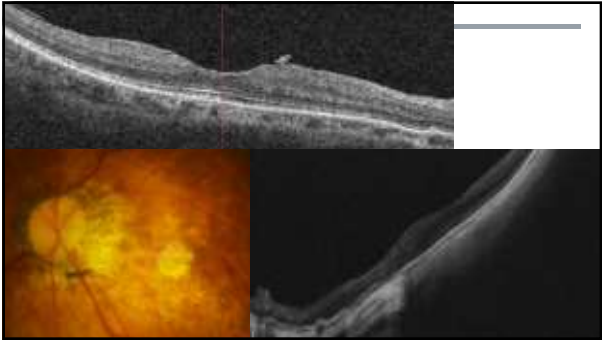
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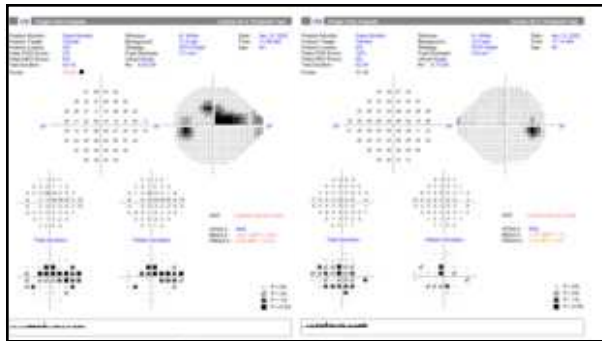
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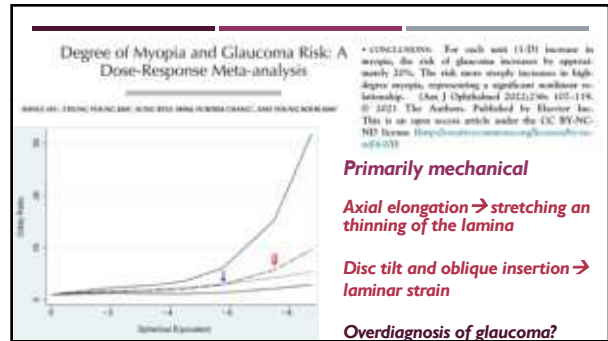
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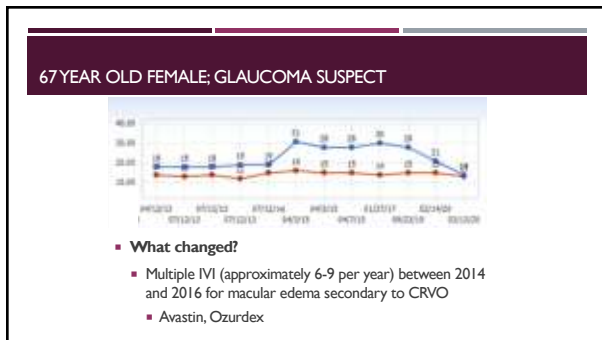
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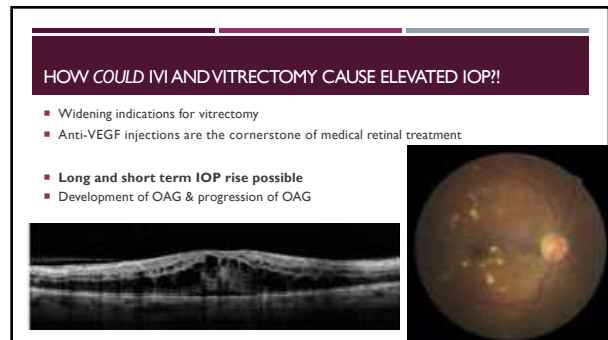
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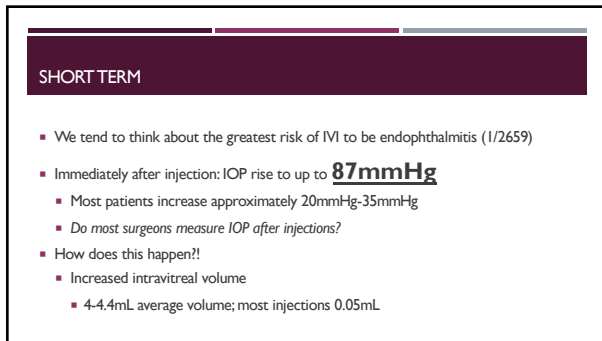
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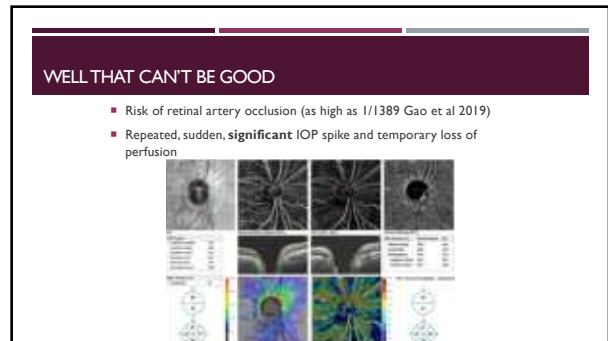
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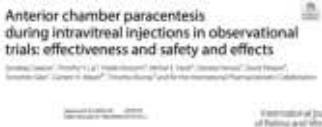


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## HOW CAN WE FIX THIS?

- Treatment for elevated IOP vs. IOP spike-prevention
  - Role of pre-procedure IOP lowering medication
  - Paracentesis
    - 32 gauge needle
    - Fluid balance

Anterior chamber paracentesis during intravitreal injections in observational trials: effectiveness and safety and effects



90


## ALL ABOUT OUTFLOW

- Reduced trabecular outflow:
  - ~~1) Direct toxicity of medication~~
  - 2) Inflammation
    - Trabeculitis
  - 3) Aggregation of particles
    - Silicone, protein in the TM
  - 4) Nitric oxide reduction

91

## SILICONE?

- Medical grade silicone oil droplets
  - Barrel of the syringe
  - Hub of the needle
  - Tip of the plunger
  - Stopper of the medication vial
- Silicone oil has the potential to be pro-inflammatory



92

## NITRIC OXIDE

- Nitric oxide is involved in the signaling pathway which leads to relaxation of trabecular beams
- Leads to increased trabecular outflow
  - Latanoprostene bunod
    - Latanoprost acid + butanediol monohydrate
      - NO is a gas, so must be attached to another molecule
- VEGF upregulates nitric oxide synthase = increased nitric oxide
- Effect of anti-VEGF medications?

93

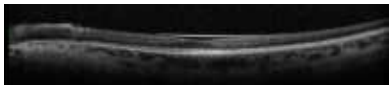
## SO WHO IS MOST AT RISK?

- Greater number of injections (20+)
- Higher frequency of injections (7/year +)
  - Eadie et al 2017
- Younger patients
- Patients with shorter axial length

94

## VITRECTOMY & TAMPONADE AGENTS


- Long term potential for IOP rise
  - Oxidative stress-fluid/air exchange
- Tamponade agents
  - Sulfur hexafluoride (SF<sub>6</sub>)
  - Perfluoropropane (C<sub>3</sub>F<sub>8</sub>)
  - Silicone oil-greatest risk of IOP elevation-as high as 40%



96

**BOTTOM LINE**

- Monitor intraocular pressure in patients undergoing IVI or who have a history of PPV

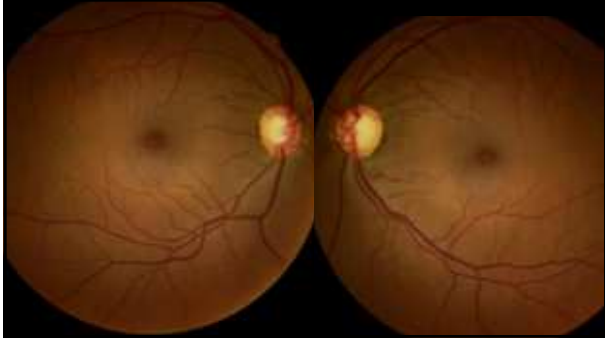


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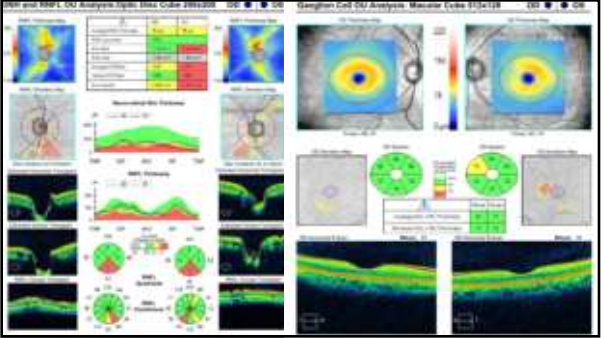
**48 YEAR OLD FEMALE**

- Recently relocated and presented to establish ongoing glaucoma care
- POAG OU (diagnosed about 15 years ago)
  - Latanoprost QHS OU
  - Dorzolamide-timolol BID OU
  - Brimonidine BID OU
- IOP 10mmHg OD and OS
- CCT 477um/487um
- Gonioscopy
  - Open to ciliary body 360 degrees and unremarkable
  - Best repeated every 1-2 years—or with an unexpected IOP measurement

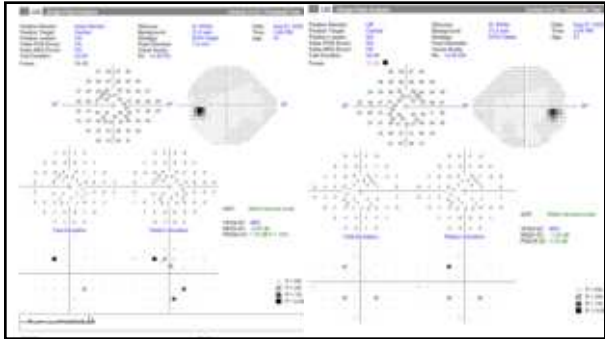
98



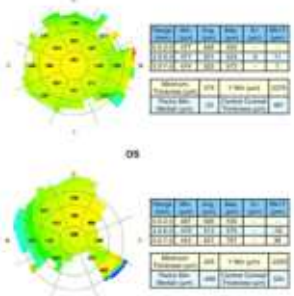
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100



101



**Is this glaucoma?**

**What are this patient's risk factors for development of glaucoma?**

102



## 48 YEAR OLD FEMALE

- Now what?
  - Discontinue medication?
  - What is the risk of continuing therapy and carrying over the previous diagnosis?

103

## Discontinuation of therapy

### Step-wise, logical approach

1. Stop dorzolamide-timolol  
IOP 15/15mmHg
2. Stop brimonidine  
IOP 17/18mmHg
3. Stop latanoprost  
IOP 29/28mmHg

104

## Discontinuation of therapy

### 4. Diagnose ocular hypertension

5. Restart latanoprost → switch to latanoprostene bunod 0.024%  
14mmHg OD 13mmHg OS

105

## Sometimes the best action is seemingly "inaction"

*Taking the time you need you need to evaluate a treatment, repeat a test, or observe an individual over time will clarify unexpected or equivocal findings*

106

## 41 YEAR OLD FEMALE

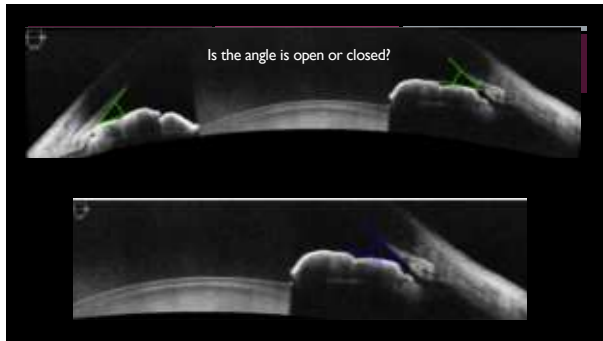
- Referred for evaluation of suspicion of glaucoma due to optic disc appearance and narrow angles
- Comprehensive eye examination:
  - HPI:
    - 1) Blurred vision
    - 2) Halos at night
    - 3) Redness (bilateral, relatively constant)
    - 4) Headache (2-3 times per month)
  - +0.75-1.00x170
  - +0.25-0.75x015
  - IOP 18/19mmHg

124

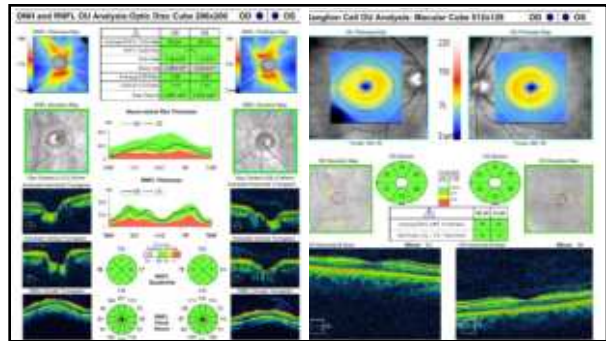
## 41 YEAR OLD FEMALE

- Pinhole VA 20/20 OD and OS
- IOP 18/19mmHg
- Gonioscopy
  - OD: No structures seen superior and temporal, anterior trabecular meshwork nasal and inferior
  - OS: Anterior trabecular meshwork 360
  - Convex iris approach, no PAS, NVA, AR 360 OD and OS (with compression)

125



126



127

**TERMINOLOGY**


- 1) Primary angle closure suspect
- 2) Primary angle closure
- 3) Primary angle closure glaucoma
- 4) Acute angle closure crisis

**Either open or closed**  
*There is no such thing as "narrow angle glaucoma"*

128

**PRIMARY ANGLE CLOSURE SUSPECT**

- AKA "anatomical narrow angle"
- The pigmented trabecular meshwork is blocked by the iris 180 degrees or more by gonioscopy
  - Without compression
    - No peripheral anterior synechiae
- **Disc is normal; IOP is normal**
- Ask the patient about symptoms of intermittent closure
  - Especially when the pupil is dilated (i.e. at night)
- **LPI or observation?**
  - Stop going to movies, stop going to restaurants at night, stop using anti-allergy or cold medications...



129

**Laser peripheral iridotomy for the prevention of angle closure: a single-centre, randomised controlled trial**

*Wingang Yu, Peifen Ding, Mengqing Huang, Jiali S. Tang, Binbin Zhou, Yi Ang, Hai (Cindy) Jia, J. Pauline*

- Zhongshan Angle Closure Prevention (ZAP) trial
- Purpose: to determine if laser iridotomy is superior to observation in primary angle closure suspects in China over a 6 year period
  - PACS = 6 or more clock hours where posterior trabecular meshwork was not visible
    - Without elevated IOP, disc change, or peripheral anterior synechiae
- Endpoint: elevated IOP--used dark-room prone provocative testing (compared pre-test IOP to IOP measured after 15 minutes in a dark room in prone position), PAC, acute angle closure
- Outcome: 889 eyes treated, 50% reduction in risk for development of primary angle closure over 6 years, but only 4% of untreated eyes progressed to primary angle closure
  - Acute angle closure: 5 patients untreated, 1 treated (3 control eyes and one LPI eye were after dilation)
- Authors determined that laser peripheral iridotomy was not justified in smaller populations

130

**14-Year Outcome of Angle-Closure Prevention with Laser Iridotomy in the Zhongshan Angle Closure Prevention Study: Extended Follow-Up of a Randomised Controlled Trial**

*Wingang Yu, Peifen Ding, Mengqing Huang, Jiali S. Tang, Binbin Zhou, Yi Ang, Hai (Cindy) Jia, J. Pauline*

**Results:** During the 14 years, 390 LPI-treated eyes and 198 control eyes were followed to the follow-up. A total of 38 LPI-treated eyes and 103 control eyes reached primary endpoints ( $P < 0.001$ ). Within 14 years, treated eyes developed AAC or primary angle closure glaucoma (AAC: five control eyes and one LPI-treated eye; PACG: four control eyes and two LPI-treated eyes). The hazard ratio for progression to AAC was 0.23 (95% confidence interval, 0.11–0.48) in LPI-treated eyes compared with control eyes. At the 14-year visit, LPI-treated eyes had reversed nuclear cataract, higher IOP, larger angle width and smaller anterior chamber depth (ACD) than control eyes. Higher IOP, shallower ACD, and smaller anterior chamber depth (sACD) were associated with an increased risk of developing endpoints in control eyes. In the treated group, eyes with higher IOP, shallower ACD, or less IOP elevation after dark room-prone provocative tests (DRPPT) were more likely to develop PAC after LPI.

**Endpoint: PAC, PAS, IOP>24mmHg or AAC**

131

**Progression of Primary Angle Closure Suspect to Primary Angle Closure and Associated Risk Factors: The Harbin Eye Study**

Yu Zhang,<sup>1</sup> Bao Thomas,<sup>2</sup> Qing Zhang,<sup>3</sup> Qi Shen,<sup>4,5</sup> and Hong Li Wang<sup>1,2</sup>

1. Harbin Eye Center, Harbin Eye Hospital, Harbin Eye Institute of Ophthalmology & Vision Science, Harbin Eye Research Institute, Harbin, China; 2. Department of Ophthalmology, Harvard Medical School, Massachusetts Eye and Ear Infirmary, Boston, MA, USA; 3. Department of Ophthalmology, Harbin Eye Hospital, Harbin, China; 4. Department of Ophthalmology, Harbin Eye Hospital, Harbin, China; 5. Department of Ophthalmology, Harbin Eye Institute of Ophthalmology & Vision Science, Harbin Eye Research Institute, Harbin, China

526 patients (111 male, 415 female)  
32 progressed to angle closure (31 PAC, 1 PACG) in 5 years = **6%**

**CLINICAL SCIENCE**

Five year risk of progression of primary angle closure suspects to primary angle closure: a population based study

B Thomas, B George, B Forth, J Nally, A Jank

Southern India: 1/4 PACS subjects developed PAC

132

AMERICAN ACADEMY OF OPHTHALMOLOGY

**Anatomic Changes and Predictors of Angle Widening after Laser Peripheral Iridotomy**

*The Zhongshan Angle Closure Prevention Trial*

Benjamin Y. Xia, MD, PhD,<sup>1</sup> David S. Friedman, MD, PhD,<sup>2</sup> Paul J. Foster, FRCS(Ed), PhD,<sup>3</sup> Yu Jiang, MD,<sup>4</sup> Anand A. Fankoh, MS,<sup>5</sup> Yachun Jiang, MD, PhD,<sup>6</sup> Boattz Marcus, MS,<sup>7</sup> Tin Aung, FRCS(Ed), PhD,<sup>8</sup> Minggang He, MD, PhD<sup>9</sup>

**Conclusions:** Superior LPI location results in significantly greater angle widening compared with temporal or nasal locations in a Chinese population with PACS. This supports consideration of superior LPI locations to optimize anatomic changes after LPI. *Ophthalmology* 2021;128:1-8 © 2021 by the American Academy of Ophthalmology

133

**What does LPI do?!**

*Prevents or reverses pupil block*

134

**Do we feel comfortable dilating this patient?!**

135

**BOTTOM LINE**

- Challenging clinical circumstances arise.
- When they do: stick to first principles
  - No device is better than a skilled and experienced clinician
- New medications and procedure-based therapies are excellent options when cost and access allow
- Collaboration is central to person-centered glaucoma care

141

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143