

**Demystifying Near Task Specific Lenses for Today's Work Environment**

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- ◆ University of California Berkeley | Associate Professor of Health Sciences
- ◆ Mindful Eyes Foundation | Founder and Executive Director
- ◆ SightLine Ophthalmic Consulting | Co-founder and CEO
- ◆ Doctor of Optometry (OD)
- ◆ Master in Ophthalmic Optics (ABOM)
- ◆ Registered Spectacle Lens Dispenser (CA-SLD)
- ◆ Licensed Optometrist (CA-DCA)



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**Disclosures**

- The content of this course was developed independently without commercial bias or influence
- Consulting
  - Visionix
  - Essilor Instruments, USA
  - Topcon

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### Our Learning Journey

- Technology Timeline
- Trends and Demographics
- Ergonomics
- Lens Analysis and Contour Plots
- Task Specific Lens Solutions
- Understanding Near Task Specific Lens Designs
  - Near Variable Focus (Computer, Occupational)
    - Full Range
    - Intermediate/Near
  - Powerboost
- Product Portfolios
- Case Presentations



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### Technology Timeline

1920's + 1930's - Radio  
1940's + 1950's - Television  
1950's + 1960's - Color TV



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### Technology Timeline

Technological Revolution  
1970's - 90's

- Electronic games
- Personal computers
- Laptops
- Cell phones

**INTERNET ACCESS!**



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### Technology Timeline

50 years: Radio to computer  
20 years: digital devices become a major part of our lives (2000-2020)

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### How is the relevant to vision care?

Today's presbyope is not the same as 20 years ago  
Onset of near symptoms at a younger age

**90%** Nearly 90% of Americans use digital devices for two or more hours each day.

More than nine out of 10 people with digital eye strain use devices for two or more hours each day.

**60%** Nearly 60% of Americans use digital devices for five or more hours each day and 70% of Americans use two or more devices at a time.

**77%** 77% of the individuals who suffer from digital eye strain use two or more devices simultaneously.

**90%** of patients do not talk with their eye care provider about digital device usage.

Eyestrain is a normal part of life we simply put up with.

The Vision Council 2016 Digital Eye Strain Report, EYES OVEREXPOSED: THE DIGITAL DEVICE DILEMMA

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#### Digital Eye Strain – Symptoms

- Red, Dry, Irritated, Sore Eyes
- Blurred Vision at Distance and/or Near
- Eye Fatigue
- Neck and Back Pain
- Headaches
- Double Vision

#### Digital Eye Strain – Areas of Concern

- Refractive Errors
- Accommodative Disorders
- Binocular Vision Dysfunctions
- Presbyopia

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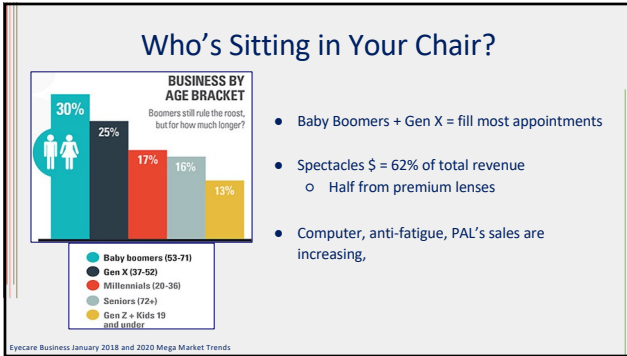
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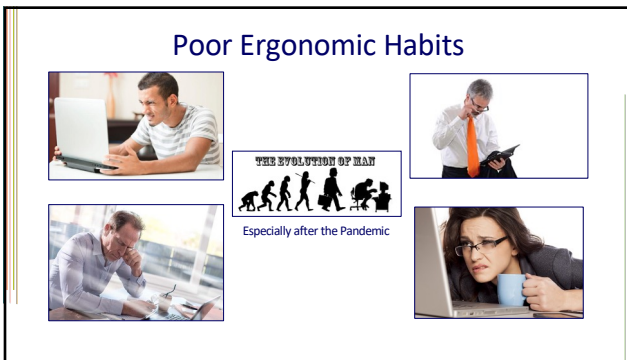
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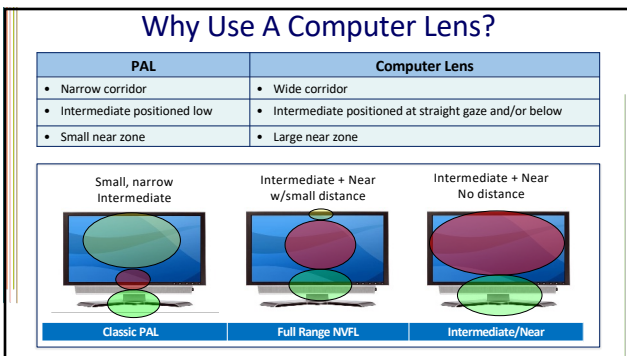
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**Presbyopic Personal Computer Work: A Comparison of Progressive Addition Lenses for General Purpose and Personal Computer Work**

Kolbe, Oliver, MEng<sup>1</sup>; Degler, Stephan, MSc, PhD<sup>1</sup>

Optometry and Vision Science: October 18, 2018 - Volume Pre-Publication - Issue - p doi: 10.1097/OPX.0000000000001296 ORIGINAL INVESTIGATION: PDF Only

Abstract Author Information Article Metrics

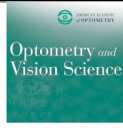
**SIGNIFICANCE** Computer-specific progressive addition lenses (PC-PALs) are shown to reduce computer vision syndrome (CVS) symptoms, increase visual comfort and tolerance, and improve body posture at the personal computer. They are highly preferred by computer workers. Increasing their use may aid prevention measures within the workplace health management.

**PURPOSE** This study investigates whether technical differences between general-purpose progressive addition lenses (GP-PALs) and PC-PALs are subjectively manifest in CVS.

**MATERIALS AND METHODS** One hundred ninety presbyopic visual display unit (VDU) workers aged 53 ± 8 years (mean ± SD) were fitted with GP-PALs and PC-PALs in a subject-masked, randomized, crossover study. Subjects tested both corrections at their personal workplace for 2 weeks each, for VDU work only. Comfort and lens type preferences were assessed using a 24-item questionnaire developed for this study.

**RESULTS** Computer vision syndrome was perceived approximately seven times more often with GP-PALs compared with PC-PALs. Eighty-four percent of subjects preferred PC-PALs for their VDU work. Computer-specific progressive addition lenses ratings were statistically and clinically significantly better than GP-PALs (5.95 vs. 4.42 of 7 points; 1.53, 95% confidence interval, 1.20 to 1.85). An existing ametropia or prior experience with PALs did not influence the score. Only 14.2% of subjects had received information about specific VDU eyewear from their optician or optometrist, whereas 79% expressed the wish to be informed about these products.

**CONCLUSIONS** Computer-specific progressive addition lenses reduce the perception of the CVS and are highly preferred by VDU workers.




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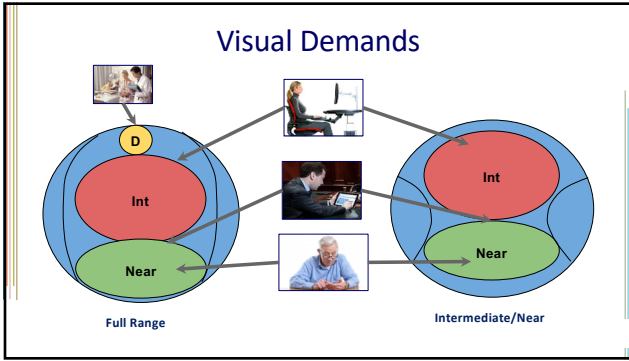
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### What Can We Measure?

Cylinder Aberration Contour Plot

- Perceived clear vision
- Isometric contour lines (unwanted cylinder)

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### Understanding the Design Shape

General Wear PALS			
NVF Lenses			
Powerboost Lenses			

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### How much clear area is your patient seeing?

$$\text{Area of Clarity (inches)} = \frac{\text{Lens (mm)} \times \text{Working Distance (cm)}}{\text{Vertex (mm)} \times 2.54 \text{ cm/inch}}$$

@ 40 cm: 1 mm = 1.2 inches
@ 67 cm: 1 mm = 2.0 inches

Calculations are simplified and do not take into consideration the center of rotation or the power of the lens.

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### Sample Problem

Area of Clarity (inches)

$$\text{Area of Clarity (inches)} = \frac{\text{Lens (mm)} \times \text{Working Distance (cm)}}{\text{Vertex (mm)} \times 2.54 \text{ cm/inch}}$$

$$\text{Area of Clarity (inches)} = \frac{13 \times 55}{13 \times 2.54} = \frac{55}{2.54} = 21.65 \text{ inches}$$

Area of Clarity (inches) = 21.65 inches

Calculations are simplified and do not take into consideration the center of rotation or the power of the lens.

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## Understanding Computer Lenses

### Near Variable Focus - Full Range

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## Designs: Near Variable Focus - Full Range

- Intermediate Add power designed for 60cm – 90cm working distance is at the fitting cross (FC)/fitting reference point (FRP)
- FRP is set at pupil center
- Distance zone is 10-15mm above FRP
- Full Near zone 10-15mm below FRP
- Transition zone length is 20-30mm
- Large frame 'B' dimension (min. 30 mm)

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### Design: Near Variable Focus - Full Range

Hoya NMD Space      Essilor Computer      Zeiss Officelens

- Mobile presbyopes - multiple stations/rooms, require some distance vision
- Doctors, teachers, managers, consultants, receptionists, technicians
- Lens Design: Intermediate prioritized with some distance vision at the top

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### Understanding Computer Lenses

#### Near Variable Focus for Intermediate/Near

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### Design: NVF Int/Near

Hoya NMD Zoom      Zeiss Officelens Zoom

- Add Power for 60cm – 90cm (24-36 inch ) working distance is centered around fitting reference point
- +0.50 to +1.00 EA at "distance"
- Full Near zone 10-15mm below FRP
- FRP is set at pupil center
- Large frame 'B' dimension (min. 30 mm)

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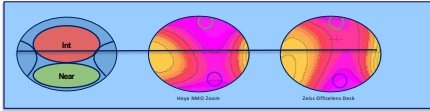
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### Design: NVF - Intermediate/Near



- Stationary Presbyopes – Intermediate to Near with wide FOV
- Multiple computer screens, cubicle workspace, multiple OTC readers

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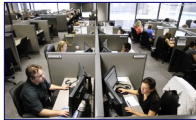
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### Understanding Computer Lenses

#### Powerboost as Intermediate/Near



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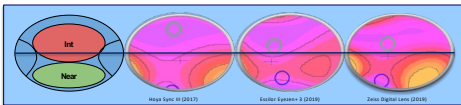
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### Design: Powerboost as Intermediate/Near



- "Powerboost": designed and marketed to pre-presbyopes
- Intermediate/near use for presbyopes
- Wide, stable "top" portion of lens
  - Minimal peripheral aberration
  - edge-to-edge clarity at FRP
- Transition zone is 3-4 mm below FRP
- Corridor to full near 9-10 mm
- Can use smaller frame 'B' dimension (min. 20mm)

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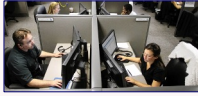
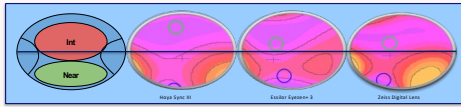
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### Design: Powerboost as Intermediate/Near



- Stationary occupation – Intermediate to Near with wide FOV (no distance)
- Multiple computer screens, cubicle workspace, multiple OTC readers

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### How to Prescribe & Order

Dr. I. M. Happy  
123 Sunshine St.  
Amazing, CA 98765  
510-123-4567

NAME: Fred  
ADDRESS: \_\_\_\_\_ DATE: \_\_\_\_\_

	SPHERICAL	CYLINDRICAL	AXIS	PRISM	BASE
D.V.	Plano	DS			
O.S.	Plano	DS			
N.V.	+2.50				
O.S.	+2.50				

Remarks: Intermediate +1.25, Unity OfficePro 10 ft.

- Select design
  - Int Add
  - Visual Needs
- Dist Rx, ADD
- Dist. Mono PDs
- VFH to pupil center

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NVF Lens Design	Eff. ADD @ FRP	Eff. ADD @ Lens Top
Zetex OfficeLens: Room, Desk, Book	Room +0.50 Desk +0.75 Book +1.25	Room +0.25 Desk +0.50 Book +1.00
Esilor Computer Lens	50% of the Backoff Power	0.00 to +0.25 (max back off -2.50)
Hoya New Media Optics: Space, Screen, Zoom	Space/Screen: 50% add @2.5mm below FRP Zoom: 50% of Add	Space +0.00 Screen +0.50 Zoom +1.00
Unity Via OfficePro: 10ft., 5 ft.	range of vision for: 10ft @ 110cm 5ft @ 80cm	10ft +0.33 5ft +0.67
Shamir Workspace/Computer	Workspace: 50% of Add Computer: 50% of Add plus +0.25D	Workspace +0.25 Computer +0.75
Shamir Autograph II Office	50% of the ADD or max of -2.25	Add reduction up to max -2.25

Traditional design, not digital, freeform  
Depending on the ADD and Fitting Height, the software determines the corridor lengths above and below the FRP

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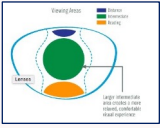
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### Essilor Computer Lens

ADD Power	Engraving	Back Off
+1.00 to +1.25	10	1.00
+1.50 to +1.75	15	1.50
+2.00 to +2.25	20	2.00
+2.50 to +3.50	25	2.50

- Traditional surfacing
- Poly only
- Full back off 10mm above FRP
- Near 14mm below FRP
- 50% of back off at FRP
- Lab selects back off, max 2.50

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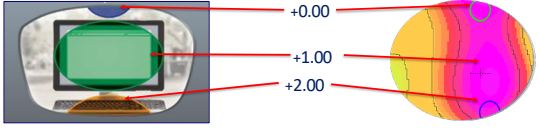
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### Example: NVF - Full Range

#### Essilor Computer 2.00 w/50% backoff

- Rx: Plano Add +2.00
- Essilor recommends Computer 2.00 (2.00D Backoff)

NVF - Full Range	Transition Length	Distance (above FRP)	Near (below FRP)	Power at FRP
Computer Lens	24mm	10mm	14mm	50% of BO



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### Hoya New Media Optics:

#### iD Space, iD Screen, iD Zoom



- Far point/distance 11-14mm above FRP
- Near 15-18mm below FRP
- Intermediate EA is 50% of patient's full Add

Design	EA @ Far point/Distance	Intermediate EA placement
iD Space	plano	2.5mm below FRP
iD Screen	+0.50 D	2.5mm below FRP
iD Zoom	+1.00 D	at FRP

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### Example: NVF - Int/Near

**Hoya NMO Screen and Zoom**

- Rx: Plano DS +2.50 Add
- Desktop Computer at 70 cm (+1.25D); near work at 40cm, no distance visual requirements

Hoya NMO	Corridor Length (mm)	"Distance" (above FRP)	Effective Add at "Distance"	Near (mm below FRP)	Power at FRP (*-2.5mm below)
Screen	18-24mm	7-10mm	+0.50D	11-14mm	50% ADD*
Zoom	18-24mm	7-10mm	+1.00D	11-14mm	50% ADD

Screen	Zoom
+0.50	+1.00
+1.25	+1.25
+2.50	+2.50

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### Shamir Workspace, Computer

**Workspace**

- Dynamic Back off Power to +0.25 EA
- EA at FRP is 50% of add

**Computer**

- Dynamic Back off Power to +0.75 EA
- EA at FRP = 50% Add plus +0.25D

### Shamir Autograph II Office

Backoff design replaced with Dynamic power reduction design

**Autograph II Office**

- Replaced Shamir Office
- dynamic power reduction 8mm above FRP, max -2.25
- Add 16mm below FRP

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### Unity Via OfficePro 5ft & 10ft

Power digression 8-10mm above FRP  
ADD 14mm MFH

**Unity Via OfficePro 5ft**

Power at FRP is designed to view 80cm

- EA +0.67D at top

**Unity Via OfficePro 10ft -**

Power at FRP designed to view 110cm

- EA +0.33D at top

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### Zeiss OfficeLens: Book, Desk, Room

At the top:  
Book +1.00    Desk +0.50    Room +0.25

- Fixed intermediate add at FRP +
- Book +1.25D add
- Desk +0.75D add
- Room +0.50D add
- 0.25 reduction 4mm above FRP
- Full add 10-15mm below FRP

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Powerboost  
Lenses  
Product  
Portfolio

Power Boost Lenses		Boost at the Bottom
Zeiss Digital Lens	Digital 500	+0.50
	Digital 750	+0.75
	Digital 1000	+1.00
	Digital 1250	+1.25
Eyezen	Eyezen +1	+0.40
	Eyezen +2	+0.60
	Eyezen +3	+0.85
	Eyezen +4	+1.10
Hoya Sync III	Hoya Sync 5	+0.57
	Hoya Sync 9	+0.95
	Hoya Sync 13	+1.32
Unity Relieve	Relieve 50	+0.50
	Relieve 70	+0.70
Shamir Relax	Relax 50	+0.50
	Relax 65	+0.65
	Relax 80	+0.80

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### How to Design a Powerboost as Intermediate/Near

**EXAMPLE:**

Plano with +2.25, Intermediate effective ADD is +1.25

- Determine the EA at intermediate distance
- Select the appropriate Powerboost lens design

Powerboost Lens	Boost	Fit	EA Int/Near
Sync5/Sync9/Sync13	0.55 / <b>0.95</b> 1.32	Pupil	+1.25 / +1.80 <b>+1.25 / +2.20</b> +1.25 / +2.57
Zeiss Digital Lens	0.50 / 0.75 <b>1.00 / 1.25</b>	Pupil	+1.25 / +1.75    +1.25 / +2.00 <b>+1.25 / +2.25</b> +1.25 / +2.50
Eyezen+ 1/2/3/4	0.40 / 0.60 / <b>0.85</b> / 1.10	Pupil	+1.25 / +1.65    +1.25 / +1.85 <b>+1.25 / +2.10</b> +1.25 / +2.35
Unity Relieve 50, 70	0.50 / 0.70	Pupil	+1.25 / +1.75    +1.27 / +1.95

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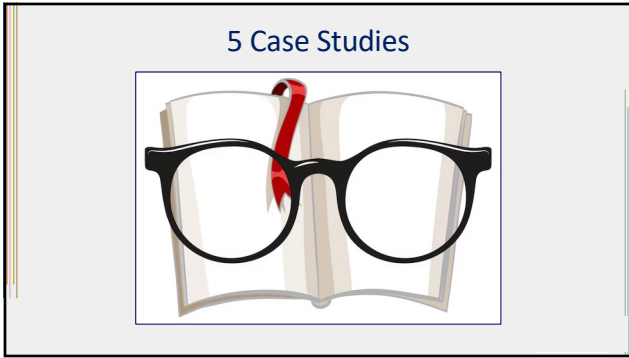
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### Case #1

- 58 YO Female
- MR = -2.25 DS OU Add +2.50
- Int. EA = +1.25
- Administrator, lots of computer and paperwork
- CC: Not using any glasses for reading and computer

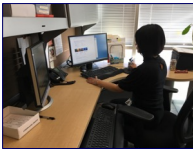
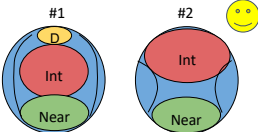



Diagram #1 shows a lens with segments for Distance (D), Intermediate (Int), and Near (Near). Diagram #2 shows a lens with segments for Intermediate (Int) and Near (Near), accompanied by a smiley face icon.

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NVF Lens Design	Eff. ADD @ FRP	Eff. ADD @ Lens Top
Zetes OfficeLens: Room, Desk, Book	Room +0.50 Desk +0.75 Book +1.25	Room +0.25 Desk +0.50 Book +1.00
Essilor Computer Lens	50% of the Backoff Power	0.00 to +0.25 (max back off -2.50)
Hoya New Media Optics: Space, Screen, Zoom	Space/Screen: 50% add @2.5mm below FRP Zoom: 50% of Add	Space +0.00 Screen +0.50 Zoom +1.00
Unity Via OfficePro: 10ft., 5 ft.	range of vision for: 10ft @ 110cm 5ft @ 80cm	10ft +0.33 5ft +0.67
Shamir Workspace/Computer	Workspace: 50% of Add Computer: 50% of Add plus +0.25D	Workspace +0.25 Computer +0.75
Shamir Autograph II Office	50% of the ADD or max of -2.25	Add reduction up to max -2.25

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Powerboost Lenses Product Portfolio	Power Boost Lenses		Boost at the Bottom
	Zeiss Digital Lens	Digital 500 Digital 750 Digital 1000 Digital 1250	+0.50 +0.75 +1.00 +1.25
Eyezen	Eyezen +1 Eyezen +2 Eyezen +3 Eyezen +4	+0.40 +0.60 +0.85 +1.10	
Hoya Sync III	Hoya Sync 5 Hoya Sync 9 Hoya Sync 13	+0.57 +0.95 +1.32	
Unity Relieve	Relieve 50 Relieve 70	+0.50 +0.70	
Shamir Relax	Relax 50 Relax 65 Relax 80	+0.50 +0.65 +0.80	

Diff. b/w Int & Add = 1.25 D

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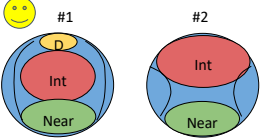
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### Case #2

- 55 YO Male, Receptionist
- moderate computer work
- Vis. Reqmnts: Dist/Int/Near
- CC: GW PAL is not working
  - Tilts head up = neck pain
  - Small FOV
- MR = +1.00 DS OU Add +2.00
- Intermediate add +1.00

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NVF Lens Design	Eff. ADD @ FRP	Eff. ADD @ Lens Top
Zeiss OfficeLens: Room, Desk, Book	Room +0.50 Desk +0.75 Book +1.25	Room +0.25 Desk +0.50 Book +1.00
Essilor Computer Lens	50% of the Backoff Power	0.00 to +0.25 (max back off -2.50)
Hoya New Media Optics: Space, Screen, Zoom	Space/Screen: 50% add @2.5mm below FRP Zoom: 50% of Add	Space +0.00 Screen +0.50 Zoom +1.00
Unity Via OfficePro: 10ft., 5 ft.	range of vision for: 10ft @ 110cm 5ft @ 80cm	10ft +0.33 5ft +0.67
Shamir Workspace/Computer	Workspace: 50% of Add Computer: 50% of Add plus +0.25D	Workspace +0.25 Computer +0.75
Shamir Autograph II Office	50% of the ADD or max of -2.25	Add reduction up to max -2.25

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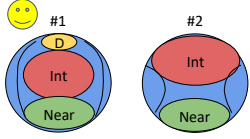
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### Case #2

- 55 YO Male
- MR = +1.00 DS OU Add +2.00
- Intermediate add +1.00
- Receptionist; moderate computer work
- CC: GW PAL is not working
  - Upward head tilt creates neck pain
  - Small horizontal and vertical field of view

Lens Design	EA @ Distance
Essilor Computer	0.00
Hoya NMO ID Space	0.00
Shamir Autograph II Office	0.00
Shamir Workspace	+0.25
Unity Via OfficePro 10ft	+0.33

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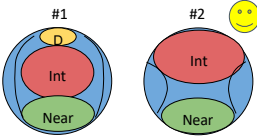
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### Case #3

- 48 YO Female
- Homemaker
- MR = Plano with +1.75ADD
- Uses +0.75 OTC at computer = intermediate add
- +1.00 OTC at near on top of computer readers
- CC: Wants to combine the two pairs of OTCs into a single pair of glasses

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NVF Lens Design	Eff. ADD @ FRP	Eff. ADD @ Lens Top
Zetes OfficeLens: Room, Desk, Book	Room +0.50 Desk +0.75 Book +1.25	Room +0.25 Desk +0.50 Book +1.00
Essilor Computer Lens	50% of the Backoff Power	0.00 to +0.25 (max back off -2.50)
Hoya New Media Optics: Space, Screen, Zoom	Space/Screen: 50% add @2.5mm below FRP Zoom: 50% of Add	Space +0.00 Screen +0.50 Zoom +1.00
Unity Via OfficePro: 10ft., 5 ft.	range of vision for: 10ft @ 110cm 5ft @ 80cm	10ft +0.33 5ft +0.67
Shamir Workspace/Computer	Workspace: 50% of Add Computer: 50% of Add plus +0.25D	Workspace +0.25 Computer +0.75
Shamir Autograph II Office	50% of the ADD or max of -2.25	Add reduction up to max -2.25

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Powerboost Lenses Product Portfolio	Power Boost Lenses		Boost at the Bottom
	Zeiss Digital Lens	Digital 500 Digital 750 Digital 1000 Digital 1250	+0.50 +0.75 <b>+1.00</b> +1.25
Eyezen	Eyezen +1 Eyezen +2 <b>Eyezen +3</b> <b>Eyezen +4</b>	+0.40 +0.60 <b>+0.85</b> <b>+1.10</b>	
Hoya Sync III	Hoya Sync 5 <b>Hoya Sync 9</b> Hoya Sync 13	+0.57 <b>+0.95</b> +1.32	
Unity Relieve	Relieve 50 Relieve 70	+0.50 +0.70	
Shamir Relax	Relax 50 Relax 65 <b>Relax 80</b>	+0.50 +0.65 <b>+0.80</b>	

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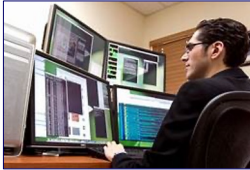
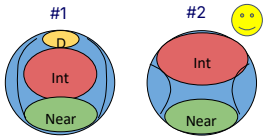
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### Case #4

- 52 YO Male
- Daytrader – 4 screens at 75cm
- CC: Blurry reading and paperwork at near
- Currently using -5.00DS OU SVN Rx
  - Computer screens are clear
- MR = -6.25 DS OU Add +2.00
- Intermediate add +1.25

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NVF Lens Design	Eff. ADD @ FRP	Eff. ADD @ Lens Top
Zeiss OfficeLens: Room, Desk, Book	Room +0.50 Desk +0.75 Book <b>+1.25</b>	Room +0.25 Desk +0.50 Book <b>+1.00</b>
Essilor Computer Lens	50% of the Backoff Power	0.00 to +0.25 (max back off -2.50)
Hoya New Media Optics: Space, Screen, Zoom	Space/Screen: 50% add @2.5mm below FRP Zoom: 50% of Add	Space +0.00 Screen +0.50 Zoom +1.00
Unity Via OfficePro: 10ft., 5 ft.	range of vision for: 10ft @ 110cm 5ft @ 80cm	10ft +0.33 5ft <b>+0.67</b>
Shamir Workspace/Computer	Workspace: 50% of Add Computer: 50% of Add plus <b>+0.25D</b>	Workspace +0.25 Computer <b>+0.75</b>
Shamir Autograph II Office	50% of the ADD or max of -2.25	Add reduction up to max -2.25

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Powerboost Lenses Product Portfolio	Power Boost Lenses	
	Zeiss Digital Lens	Digital 500 Digital 750 Digital 1000 Digital 1250
Eyezen	Eyezen +1 Eyezen +2 Eyezen +3 Eyezen +4	+0.40 +0.60 +0.85 +1.10
Hoya Sync III	Hoya Sync 5 Hoya Sync 9 Hoya Sync 13	+0.57 +0.95 +1.32
Unity Relieve	Relieve 50 Relieve 70	+0.50 +0.70
Shamir Relax	Relax 50 Relax 65 Relax 80	+0.50 +0.65 +0.80

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### Case #5

- 59 YO Female
- Violin player, first chair, SF Symphony
- CC: PAL not ideal to see music
- Needs to see music @ 80 cm (+1.25D) and the conductor
- MR = -4.50 DS OU Add +2.50




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NVF Lens Design	Eff. ADD @ FRP	Eff. ADD @ Lens Top
Zeiss OfficeLens: Room, Desk, Book	Room +0.50 Desk +0.75 Book +1.25	Room +0.25 Desk +0.50 Book +1.00
Essilor Computer Lens	50% of the Backoff Power	0.00 to +0.25 (max back off -2.50)
Hoya New Media Optics: Space, Screen, Zoom	Space/Screen: 50% add @2.5mm below FRP Zoom: 50% of Add	Space +0.00 Screen +0.50 Zoom +1.00
Unity Via OfficePro: 10ft., 5 ft.	range of vision for: 10ft @ 110cm 5ft @ 80cm	10ft +0.33 5ft +0.67
Shamir Workspace/Computer	Workspace: 50% of Add Computer: 50% of Add plus +0.25D	Workspace +0.25 Computer +0.75
Shamir Autograph II Office	50% of the ADD or max of -2.25	Add reduction up to max -2.25

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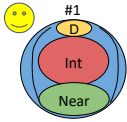
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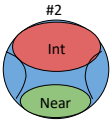
### Case #5

- 59 YO Female
- MR = -4.50 DS OU Add +2.50
- Violin player, first chair, SF Symphony
- CC: PAL not ideal to see music
- Needs to see music @ 80 cm (+1.25D) and the conductor





#1



#2

Lens Design	EA @ Distance
Essilor Computer	0.00
Hoya NMO ID Space	0.00
Shamir Autograph II Office	0.00
Shamir Workspace	+0.25

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### How to Prescribe & Order

Dr. I. M. Happy  
123 Sunshine St.  
Amazing, CA 98765  
510-123-4567

NAME: Fred ADDRESS: \_\_\_\_\_ DATE: \_\_\_\_\_

R <sub>x</sub>		SPHERICAL	CYLINDRICAL	AXIS	PRISM	BASE
D.V.	O.D.	Plano	DS			
	O.S.	Plano	DS			
	O.D.	+2.50				
	O.S.	+2.50				

Remarks: Intermediate +1.25, Unity, OfficePro 10 ft.

DR: \_\_\_\_\_

- Select design
  - Int Add
  - Visual Needs
- Dist Rx, ADD
- Dist. Mono PDs
- VFH to pupil center

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### Rx recommendations to avoid confusion

Dr. I. M. Happy  
123 Sunshine St.  
Amazing, CA 98765  
510-123-4567

NAME: Golden Bear ADDRESS: \_\_\_\_\_ DATE: \_\_\_\_\_

R <sub>x</sub>		SPHERICAL	CYLINDRICAL	AXIS	PRISM	BASE
D.V.	O.D.	-2.25	DS			
	O.S.	-2.25	DS			
	O.D.	+2.50				
	O.S.	+2.50				

Remarks: Intermediate +1.00, Unity, OfficePro 10 ft.

DR: \_\_\_\_\_

Dr. I. M. Happy  
123 Sunshine St.  
Amazing, CA 98765  
510-123-4567

NAME: Golden Bear ADDRESS: \_\_\_\_\_ DATE: \_\_\_\_\_

R <sub>x</sub>		SPHERICAL	CYLINDRICAL	AXIS	PRISM	BASE
D.V.	O.D.	-1.00	DS			
	O.S.	-1.00	DS			
	O.D.					
	O.S.					

Remarks: Hoya Sync 13 designed for Int./Near

DR: \_\_\_\_\_

**Master Rx with Int. ADD**

- Include Int power
- Specify NVFL design

**Powerboost Rx for Int./ Near use**

- Release Master Rx
- Write separate Rx for PB
- Specify PB design & use

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**At the End of the Day**



- Did I address the chief concern with the appropriate recommendations?
- Is it an improvement over what they are used to?

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**On behalf of Vision Expo, I sincerely thank you for being here this year.**

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**Vision Expo Has Gone Green!**

We have eliminated all paper session evaluation forms. **Please be sure to complete your electronic session evaluations online** when you login to request your CE Letter for each course you attended! Your feedback is important to us as our Education Planning Committee considers content and speakers for future meetings to provide you with the best education possible.



Michelle J. Hoff, OD, FAAO, ABOM, FNAO  
Associate Clinical Professor  
mhoff@berkeley.edu  
mhoff@ightlinecc.com




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